



Wider Curriculum Unit Plan for Home learning

Subject: RE

Unit: Buddhism

Year: 5

Session

Session 1

Who was Siddhartha Gautama?

Watch this video lesson: [Who was Siddhartha Gautama?](#)

Complete the activities shared in the lesson.

Remember to click on each of the buttons at the bottom of the screen to cover the lesson.

Session 2

The enlightenment of Buddha

Watch this video lesson: [What is the eight fold path?](#)

Complete the activities shared in the lesson.

Remember to click on each of the buttons at the bottom of the screen to cover the lesson.

Session 3

The four noble truths

Watch this video lesson: : [What are the four Noble truths?](#)

Complete the activities shared in the lesson.

Remember to click on each of the buttons at the bottom of the screen to cover the lesson.

Session 4

Lifestyle of a Buddhist

Watch this video lesson: [Why do Buddhists meditate?](#)

Complete the activities shared in the lesson.

Remember to click on each of the buttons at the bottom of the screen to cover the lesson.

Session 5

Buddhist Festivals

Watch this video lesson: [What festivals do Buddhists celebrate?](#)

Complete the activities shared in the lesson.

Remember to click on each of the buttons at the bottom of the screen to cover the lesson.

Session 6

Review

My friend Holly said, "Life is too complicated! How can I lead a happy and simple life?"

- **Watch this [video](#) and explore the whole page**
- Come up with 5 lessons from Buddhism that might help Holly
- Write an advice letter to Holly on how she could live a simple and happy life, inspired by the lessons of Buddha.