Year 1 Curriculum Summer 2 Week 7

To do throughout the week...

Wellbeing	**How to deal with anger** How are you feeling?- Look at the thermometer to help you Story : I want to shout and Stamp About **Activity:** Make your own anger stop sign. Write all the signs of anger on it so you can recognise when you feel angry.
Daily Exercise	Keep active! Make sure you do something active each day. Maybe do the exercises here.
The Great 8 CHALLENGE	**The Great 8** are fun challenges suitable for the whole family. See below.

Here are the curriculum activities for the week. You can do in any order you choose.
Try to do these this week as next week's activity will follow on in each subject.

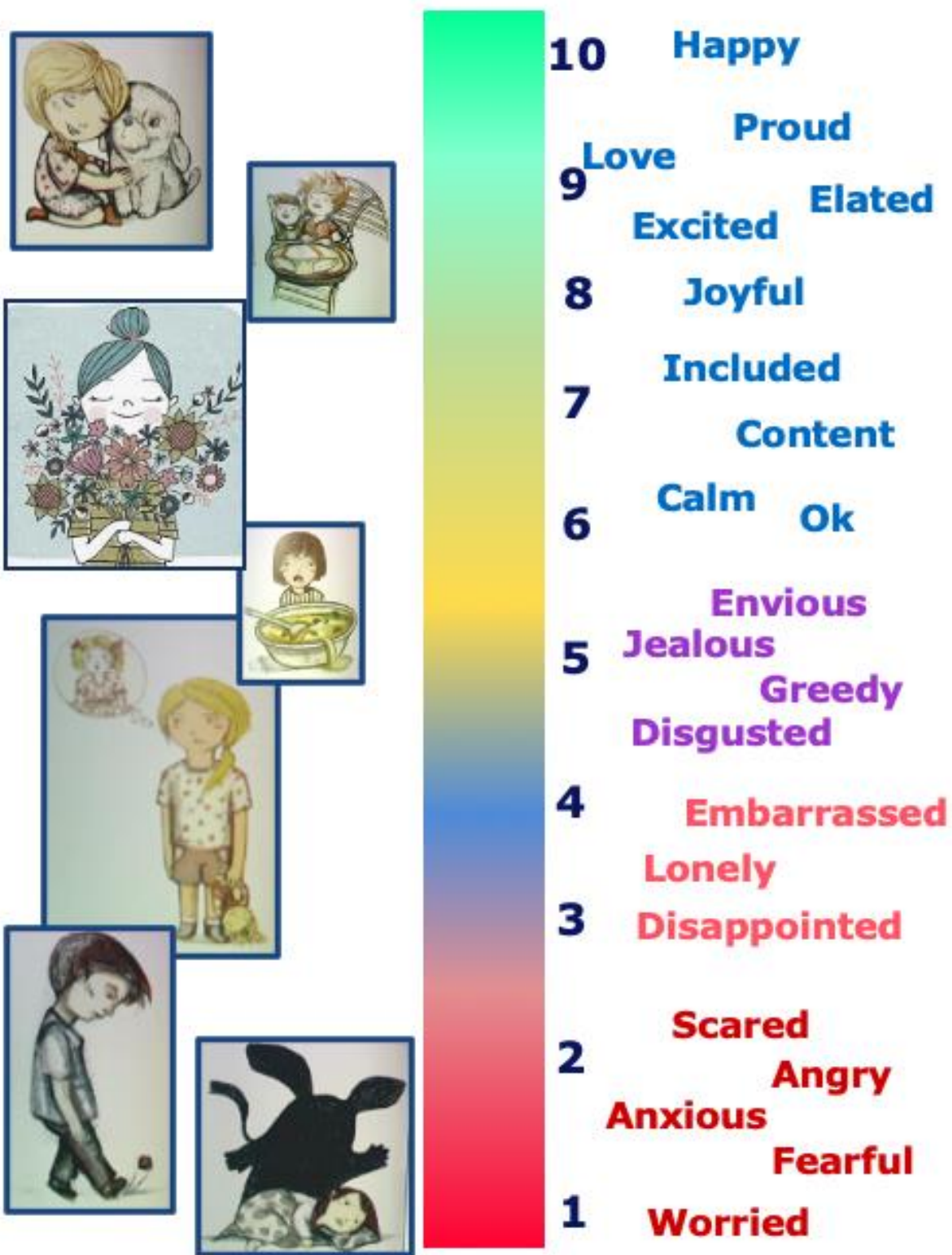|		
Science	**Is this a good idea?** • I have just made a chair out of paper. Was this a good idea? • Can you think of a silly material from which to make an object? • Explain why it is a silly idea.	
History	**Local History** • Look at the pictures of Londoners through the ages. • What jobs or activities do you think these people were doing? • Talk to someone about which pictures go together. You could write sentences about what is the same and what is different.	You will need Resource
Geography	**Research country of own choice** • Today we are going to be explorers! Explorers find out interesting information about countries! • Choose a country you do not know about. You could use the fact file below to research fun information about your country, or make a poster about your chosen country with 5 interesting facts or pictures. Use my example below to help you! • Russia would be a fascinating country to research! If you would like to find out about Russia click here!	You will need Fact file
PE	**Athletic Training Programme Warm up – watch video** • This is your chance to continue training like an athlete! • Repeat previous sessions (Week 3 & week 4) each week. • Can you repeat them more than once each week? At the end of each week, complete the activities below. Some are from previous lessons and are from the Virtual Sports Day.	You will need: A safe space to work in, a timer Some safe household items to use as markers and to jump over
RE	**Review** • Watch this clip – think about what you are thankful for. • Discuss with an adult why do some people pray before they eat? • Write a poem about what you are thankful for. Try to include a person, a feeling and a talent, using the example to help you.	You will need: Support Write a list of things you are thankful for.
Art	**Springtime Inspired by David Hockney.** • What do you notice about David Hockney's Springtime painting? • What reminds you that it is springtime? What do you see? • How could you use materials and tools to create a springtime painting or drawing? Tell your adult how you used your materials to make your picture. What did you discover? What do you like best about your picture? How does it make you feel?	You will need Whatever colouring materials you have at home. Scissors, glue *Support
Computing	**Coding carousel!** • Choose a coding app or website from the list in the options below. • Code your way through the challenges.	You will need: Options and guides are below.

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Here are some fun challenges suitable for the whole family.

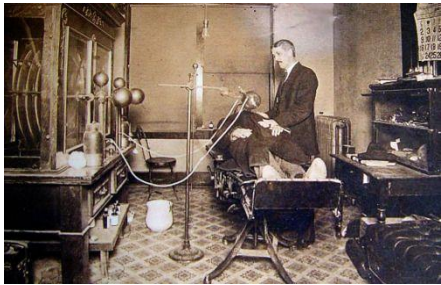## Summer 2 Week 7

1.	To talk about	Would it be better to never age?
2.	To do	How many push-ups can you do? Can you improve each week?
3.	To investigate	What things are magnetic in your house and what do they have in common?
4.	To find out more about	The bottom of the ocean.
5.	To design	A suit to survive in space.
6.	To learn	Count to 10 in Mandarin.
7.	To draw	What the world will look like in 100 years. Cars, schools, clothes etc.
8.	To create	An idea for a new TV show or movie.

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Wellbeing – Feelings Thermometer

10	**Happy**
9	**Love** **Proud**
	Excited **Elated**
8	**Joyful**
7	**Included**
	Content
6	**Calm** **Ok**
5	**Envious** **Jealous** **Greedy**
	Disgusted
4	**Embarrassed**
	Lonely
3	**Disappointed**
2	**Scared** **Angry**
	Anxious **Fearful**
1	**Worried**

Geography

Country	
Continent	
Population (how many people live there)	
Language spoken	
Currency (what money is used)	
Famous landmarks	

Example Grid

Country	France
Continent	Europe
Population (how many people live there)	65,299,059
Language spoken	French
Currency (what money is used)	Euro
Famous landmarks	- The Eiffel Tower located in Paris built in 1889 and is one of the most famous landmarks in the world. - The Arc de Triomphe located in Paris. It was built to remember soldiers in the war and in 1921 an unknown soldier was buried here. - The Palace of Versailles found in Versailles. This was the main residence if Louis X1V in 1682.

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Fact File

Country	
Continent	
Population (how many people live there)	
Language spoken	
Currency (what money is used)	
Famous landmarks	

Poster

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PE

At the end of each week, complete the activities below. Some are from previous lessons and are from the Virtual Sports Day.

1. **Shuttle run** – watch video
2. **Squats** – watch video (find where Mr G explains the squat!)
3. **Speed bounce** – watch video
4. **Press ups** – watch video (find where Mr G explains the press up!)
5. **Plank** – watch video (find where Mr G explains the plank!)

Fill in your scores in the table below and see if they improve over the next three weeks.

Activity	Week 5	Week 6	Week 7
Shuttle run – how many in 30 seconds?			
Squats – how many in 30 seconds?			
Speed bounce – how many in 30 seconds?			
Press ups – how many in 30 seconds?			
Plank – how long can you hold the plank for?			

<u>Example poem:</u>
I am thankful for my family
I am thankful for feeling happy
I am thankful that I can jump up high

Art - Springtime inspired by David Hockney

Have you noticed when you have been out on your exercise walk how nature is blooming all around us after the winter months? The Artist David Hockney has and has made a new painting called "Do remember they can't cancel Spring".

David Hockney made this picture on his I pad.

- What can you see in the painting?
- Which parts of the painting are closest to you and which furthest away?
- Which colours are the darkest and which are the lightest?
- What colours can you see in the sky? How could you make this effect with your colours?
- If you look closely, can you see how he has made little marks to show the blades of grass blowing in the breeze. These marks make the grass look soft which we call the **texture** (how it feels).
- Did you notice that the stalks and leaves of the daffodil flowers have a darker green shadow down the side of them? We call this **shading** which makes things look 3D (rounded, not flat).
- Make a picture of something that reminds you of springtime.

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You could create a picture like this with your paints, pencil crayons or felt pens. You could even tear up bits of coloured paper to stick down (Collage) to make spring flowers.

Maybe you could use different art materials on your springtime picture, we call this **mixed media**.

Here's one idea:

If you have paints, you could paint your paper with a watery wash of blues and greens first.
Then you dip the edge of different lengths of pieces of card into paint to print the blades of grass. This could be old cereal or
food boxes cut into lengths, some could be straight and some a little bent to make it look like grass blowing in the breeze.

If you don't have paints, you can draw the grass with pencils or pens.

While it is drying, draw anything you might see in springtime, like flowers, birds, insects, animals on another piece of paper. Cut them out and stick them on.

Computing - Support

Coding Carousel options:

1. Bee-Bots – phone and tablet.
2. Kodable - pc and laptop.
3. Lightbot hour of code – phones, tablets, pc, laptops.

Bee-Bots app for phone and tablet

This is a great introduction to coding, as it is simple and based upon Bee-Bots, the programmable robots that some of us have used in school.

Choose the Bee-Bot app and download it (it is free)

Open the app, choose how to play and then choose the garden option.

Use the direction arrows to move your Bee-Bot around the garden maze.

Good luck!

Kodable hour of code – programming for PC/ laptop

https://www.kodable.com/hour-of-code#coding

Choose the coding option.
Click on kids – start here.
Click on 'Play without saving'.
Choose 'Playing at Home'.
Select your age.
Click on 'Make Levels'
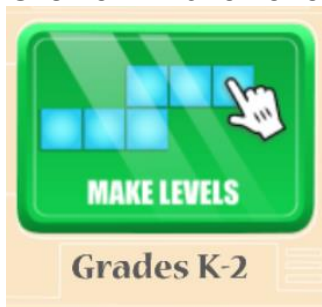
Select your Grade – we usually choose First Grade.
Click on the number one and start coding your fuzz around the maze!
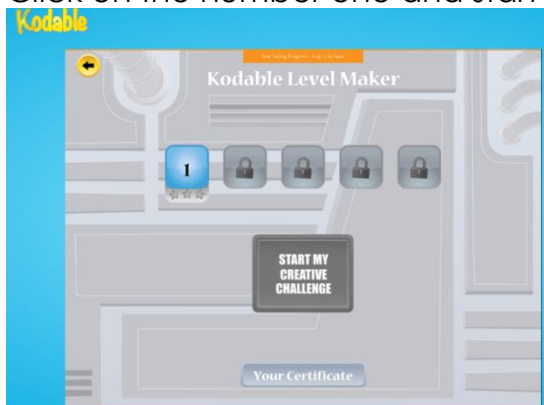
The giant hand is giving you clues. Drag the blocks into the squares and code you fuzz from one end of the maze to the other.
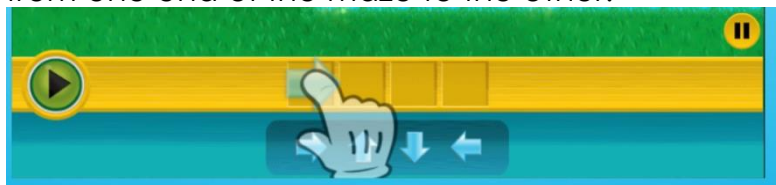
Good luck!

Lightbot hour of code – for phones, tablets, laptops, pcs

Using a browser

If doing this using the browser in your tablet/ phone/ pc, search for lightbot hour of code or go to:

https://lightbot.com/hour-of-code.html

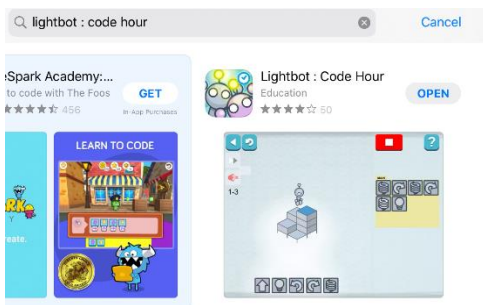For laptop/ pc only: Double click on the centre to Select for Adobe Flash.
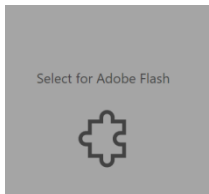
For laptop/ pc only: Click 'Allow once' and the lightbot game should begin to load.
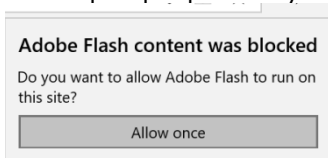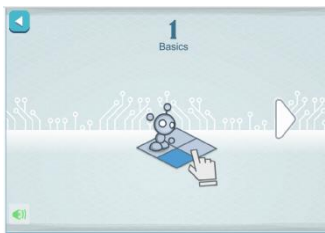

Downloading the app

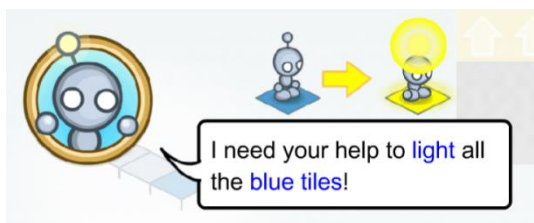Search for lightbot: code hour in the app store.

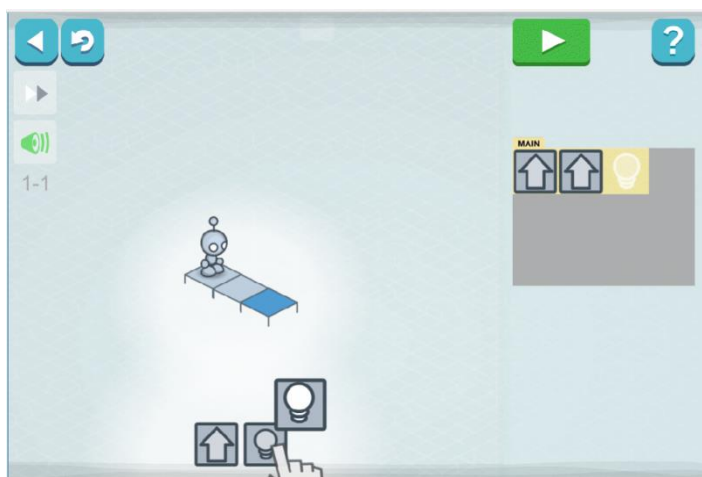Download the app (it is free).

HOW TO PLAY

Choose basics

The lightbot robot gives you tips to help you.

Drag the blocks across the screen to the 'main' area and code the robot to walk through the maze and turn the light on!

Good luck!