

## Year 3 Curriculum Summer 2 Week 5

### To do throughout the week...

<b>Wellbeing</b>	<b>Finding happiness in the small things</b> - How are you feeling?- Look at the thermometer to help you Story: <a href="#">Augustus and his Smile</a> Activity: Write all the things that make you happy and draw pictures to match.
<b>Daily Exercise</b>	Keep active! Make sure you do something active each day. Maybe do the exercises <a href="#">here</a> .
	<b>The Great 8</b> are fun challenges suitable for the whole family. See below.

Here are the curriculum activities for the week. You can do in any order you choose.

Try to do these this week as next week's activity will follow on in each subject.

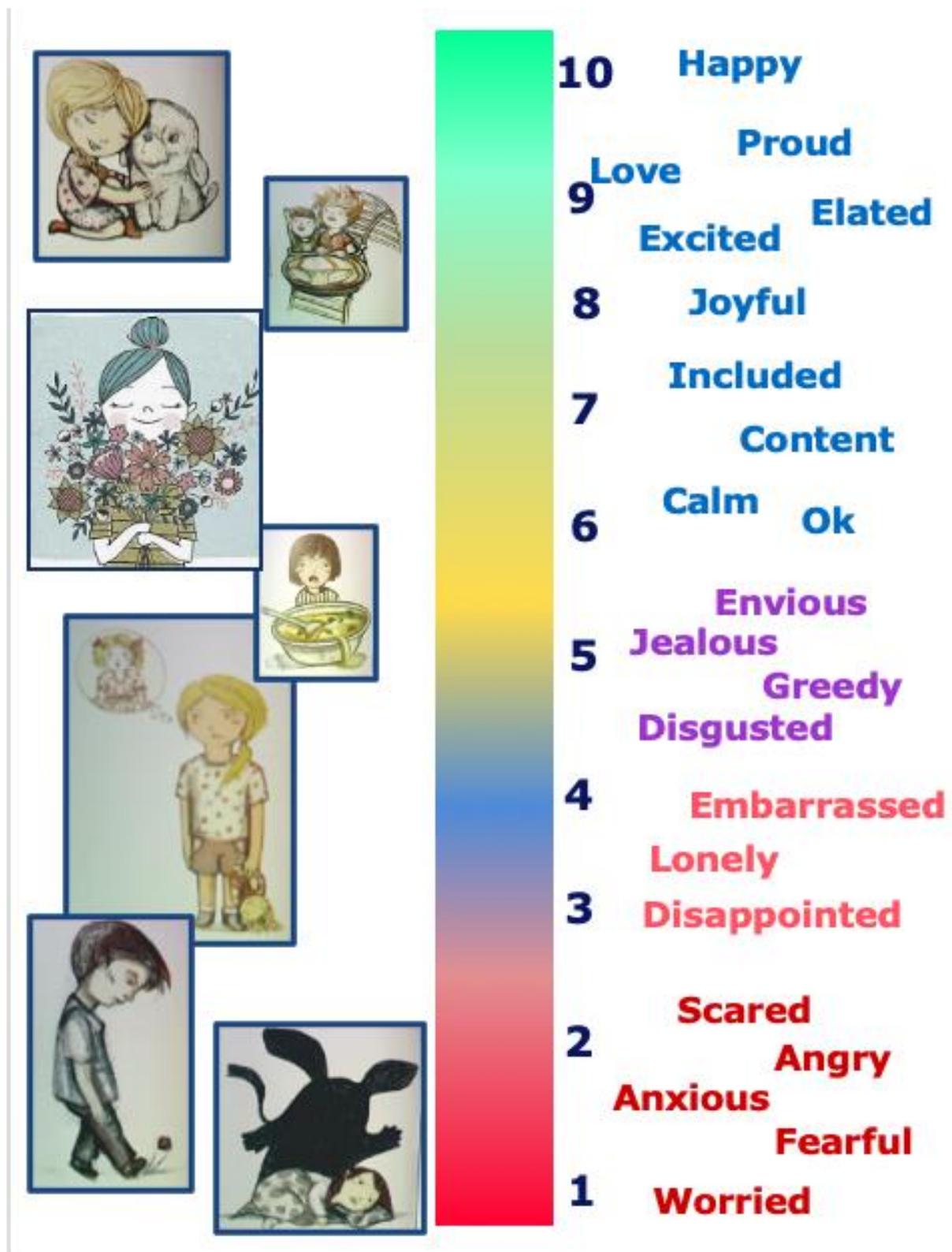
<b>Science</b>	<b>What are soils made of?</b> <ul style="list-style-type: none"> <li>What is soil? Are there different types of soil? Watch this <a href="#">video</a> to discover more.</li> <li>What is soil made of? Watch this <a href="#">video</a> to find out.</li> <li>Take a look at the Session 3 resource. Which soil would farmers prefer to have? Explain your thinking.</li> </ul>	You will need Session 3 resource  *Support
<b>History</b>	<b>"Women won the right to vote easily." True or False?</b> <ul style="list-style-type: none"> <li>Watch this video about Emmeline Pankhurst. She was one of the major leaders of the Suffragette Movement.</li> <li>Have a look at the timeline and the evidence included below. Was it easy getting the right to vote?</li> <li>Write your own answer to the question and use the evidence to help you.</li> </ul>	You will need Support, Video of Emmeline Pankhurst story. Pictures of the Suffragette movement.
<b>Geography</b>	<b>What are the threats to the Mediterranean Sea?</b> <ul style="list-style-type: none"> <li>Why is Mediterranean Sea important?</li> <li>What are the threats to the Mediterranean Sea? Watch this <a href="#">video</a>.</li> <li>Write a letter to Greenpeace explaining why wildlife in the Mediterranean Sea is important and how it is threatened.</li> </ul>	You will need: Support: Word bank Letter template
<b>PE</b>	<b>Athletes training workout</b> <ul style="list-style-type: none"> <li>The next 3 weeks are for you to train like an athlete and see if you can become a fitter, stronger and more flexible athlete over time-by performing the same exercises as often as you can over the 3 weeks, recording your personal best each time. Do not expect big changes</li> </ul> *Make sure you complete one of our warm up posters before every training session	A timer/time keeper Paper to record how many reps completed in 30 seconds
<b>RE</b>	<b>How can what you eat show how you care for the world?</b> <ul style="list-style-type: none"> <li>Watch <a href="#">video</a> - How does what we eat show we care for the world?</li> <li>Write a letter to your best friend explaining how what you eat can show you care for the world.</li> </ul>	
<b>Art</b>	<b>Landmarks inspired by Ken Done</b> <ul style="list-style-type: none"> <li>Look at Images of Ken Done work and answer questions on support sheet.</li> <li>Click <a href="#">HERE</a> to watch Ken Done at work in London.</li> <li>Make a landmark drawing or painting.</li> <li>Remember lines and shapes first, then let your imagination choose the colours.</li> </ul> Did you enjoy using abstract colours? How did they change the mood of your drawing or painting?	You will need: Any colour materials if you have them like Pencils pens paints chalks *Support
<b>Computing</b>	<b>Input and Output in Computing</b> <ul style="list-style-type: none"> <li>An <b>input</b> is data that a computer receives. An <b>output</b> is data that a computer sends.</li> <li>Look at BBC Bitesize guide to <a href="#">input and output devices</a>.</li> <li>Look around your home and list the input and output devices you can find, displaying them in a table.</li> </ul>	



Here are some fun challenges suitable for the whole family.

<b>Summer 2 Week 5</b>	
<b>1. To talk about</b>	Is sweet better than savoury?
<b>2. To do</b>	Which letters can you make with your body?
<b>3. To investigate</b>	Is it possible to sneeze and keep your eyes open?
<b>4. To find out more about</b>	How rainbows are formed
<b>5. To design</b>	A car
<b>6. To learn</b>	The words to a new song
<b>7. To draw</b>	What you are looking forward to back at school/ what you miss about school
<b>8. To create</b>	Find an item which might be recycled- what can you turn it into? For example- a milk bottle into a watering can.

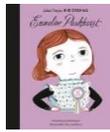
# Wellbeing – Feelings Thermometer



## Science - Support

Sandy soils	Form lightweight, free-draining soils; cannot hold on to nutrients	
Clayey soils	Hold water well; can become heavy and waterlogged when wet; can hold on to nutrients	
Silty soil	Holds water, can be hard to drain, can hold limited nutrients	

# History -



In the past women were treated unfairly and unequal to men. They did not have the same rights and importantly they could not vote to try and change this unfairness. Luckily, for girls today some very brave women like Emmeline Pankhurst stood up to this injustice.

Below is a timeline that shows some of the important events that took place for women to gain the right to vote in Britain.

**1823**

A brave lady called Mary Smith tells parliament that women need a voice.



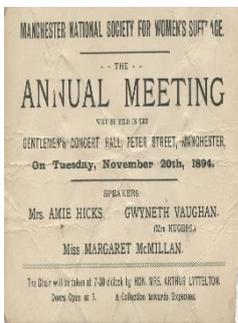
**1880**

Finally, some success as the Isle of Man becomes the first place that allows some women to vote but only if they owned land. Therefore, most women still have very little rights.



**1867**

Although Mary made a big step, parliament did not really care or listen. It was 44 years later that a group for women in Manchester was formed to fight for women's rights. They were called MNSWS (Manchester Society for Women's suffrage).



**1894**

A little bit more success as married and single women are now allowed to vote in some elections. Unfortunately, they still cannot vote for many important issues. They are still very unequal to men.



**1897**

After some success, more women are motivated to stand up for their rights. This leads to NUWSS being formed. This stands for National Union of Women's Suffrage Societies.



**1913**

Sadly, a brave lady called Emily Davison was killed during a protest after stepping out in front of a king's horse at Derby.

**1928**

The hard work of these fearless women has paid and woman over the age of 21 can vote. It is called The Representation of the People Act.



**1903**

Emmeline Pankhurst forms WSPU (Women's Social and Political Union) in her home. They carry out many protests and marches for women's rights. These women were tired and angry of being discriminated against. Many got arrested for challenging the law.



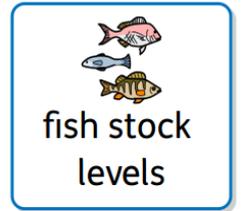
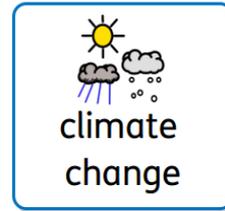
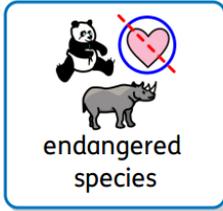
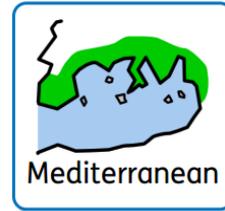
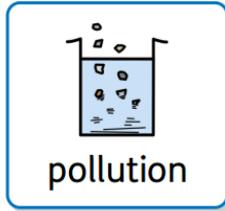
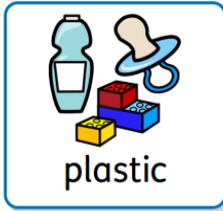
**1919**

After a law is passed that allows women to be Members of Parliament, Nancy Astor becomes the first female MP in Britain.



# Geography - Support

## Wordbank:



## Suggested Letter template:

Dear Greenpeace,

My name is \_\_\_\_\_ and I am \_\_\_\_\_. I am writing this letter to \_\_\_\_\_.

The Mediterranean Sea is important because \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

However, the wildlife Mediterranean Sea is threatened by \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I hope that \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

From,  
\_\_\_\_\_

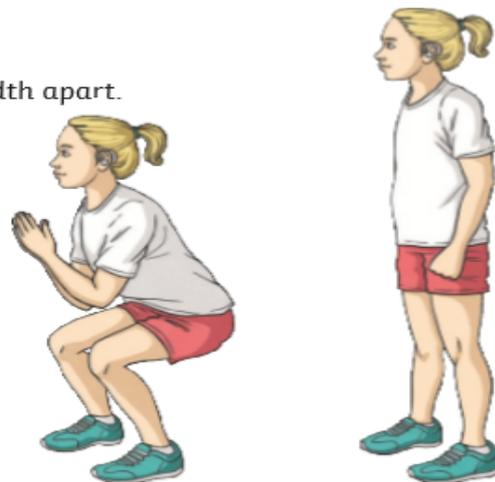
# PE - athletes training workout

Do for 30 seconds-30 seconds rest	Week1 How many?	Week2 How many?	Week3 How many?	PERSONAL BEST How many?
SQUATS				
BACKWARD LUNGES				
CLIMB THE ROPE				
KNEE TO ELBOW				
FROG JUMPS				
SLOW MOTION BURPEES				
SQUAT & PUNCH				

## Joe Wicks: Active 8-Minute Workout 1

### Squats

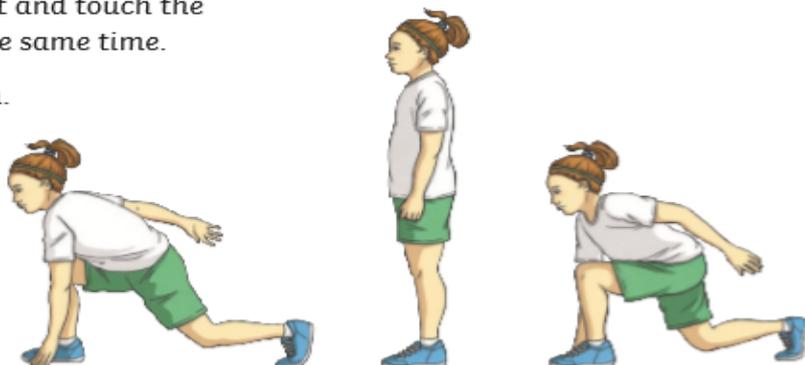
1. Start with your feet a bit wider than shoulder-width apart.
2. Squat down as if you're sitting on a chair.
3. Stand up tall again.
4. Keep a straight back.



## Joe Wicks: Active 8-Minute Workout 1

### Backward Lunges

1. Start with your feet together.
2. Step backwards with one foot and touch the ground with your hand at the same time.
3. Return to a standing position.
4. Repeat with the other foot stepping back and the other hand touching the ground.



# Joe Wicks: Active 8-Minute Workout 1

## Climb the Rope

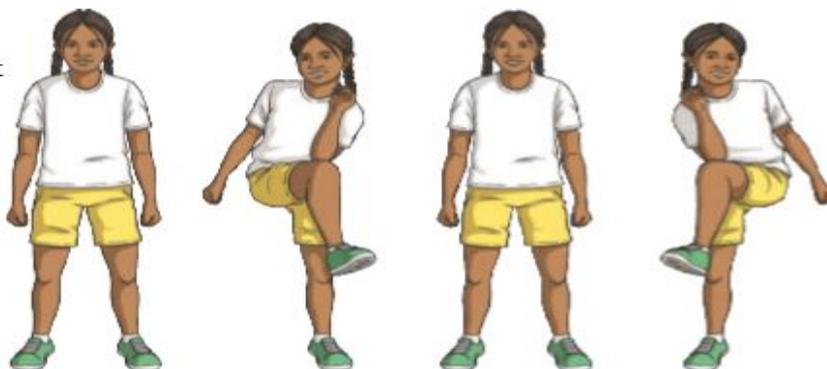
1. Imagine a rope is hanging down from the ceiling.
2. Reach up with one hand and pull the rope down towards your tummy.
3. Reach up with your other hand and pull it down towards your tummy.
4. Run on the spot and climb the rope at the same time.



# Joe Wicks: Active 8-Minute Workout 1

## Knee to Elbow

1. Imagine you are marching on the spot.
2. Lift up one knee and bring it towards the opposite elbow.
3. Repeat with the other knee and the opposite elbow.
4. Keep a straight back.



**NEARLY THERE- KEEP WORKING HARD & TRY YOUR BEST!**  
DRINK SOME WATER IN YOUR 30 SECOND REST....

**YOU CAN DO IT!**



**DON'T GIVE UP!**

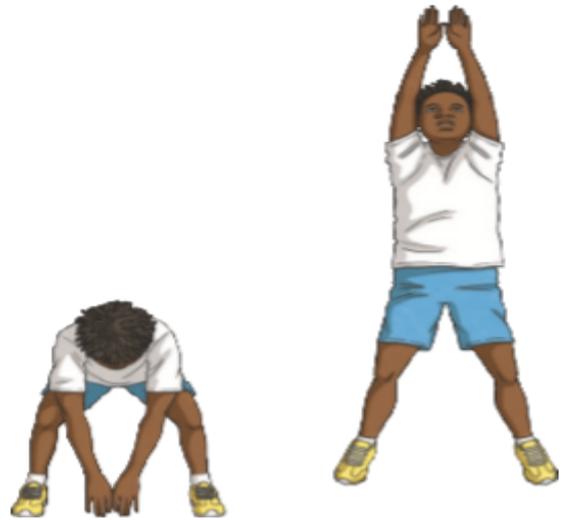
**SCROLL DOWN FOR 3 MORE EXERCISES...**

## Joe Wicks: Active 8-Minute Workout 1

### Frog Jumps

1. Start with your feet a bit wider than shoulder-width apart.
2. Squat down and touch the ground with both hands - bend from the knees not from the back.
3. Jump up high with your hands in the air.

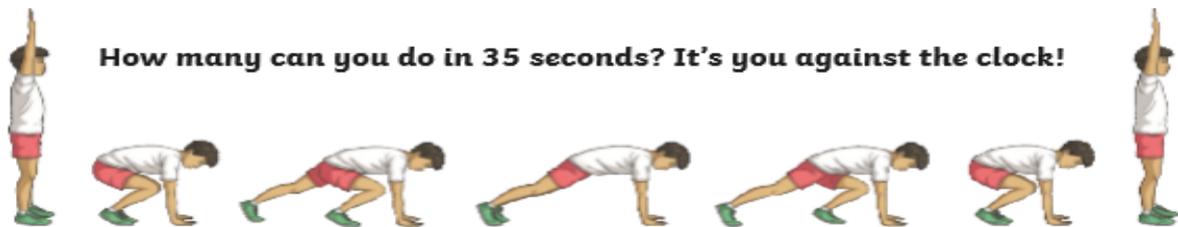
**Can you jump like a frog?**



## Joe Wicks: Active 8-Minute Workout 1

### Slow Motion Burpees

1. Start with your feet shoulder-width apart.
2. Bend your knees and place your hands down on the floor in front of you.
3. Step back with one leg and then the other so that they are both straight.
4. Step forwards with one leg and then the other leg.
5. Stand up tall, stretching your arms above your head.



## Joe Wicks: Active 8-Minute Workout 1

### Squat Hold with Punches

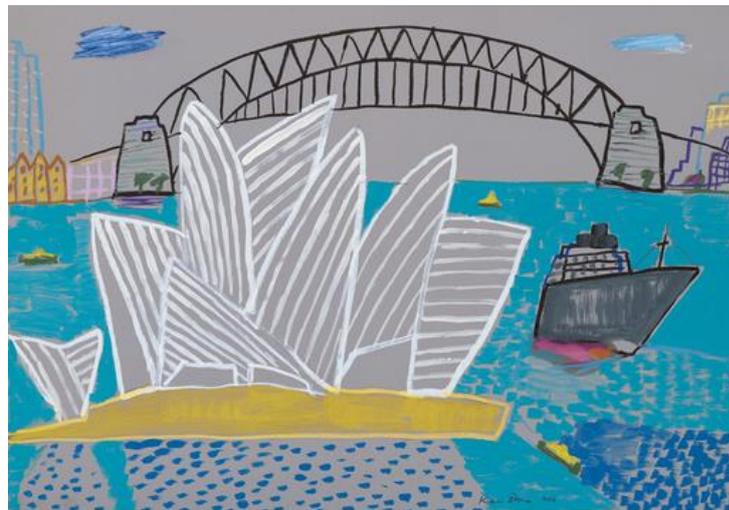
1. Start with your feet a bit wider than shoulder-width apart.
2. Squat down as if you're sitting on a chair.
3. Hold the position and punch forwards with your arms one at a time.

**Can you feel it in your legs?**

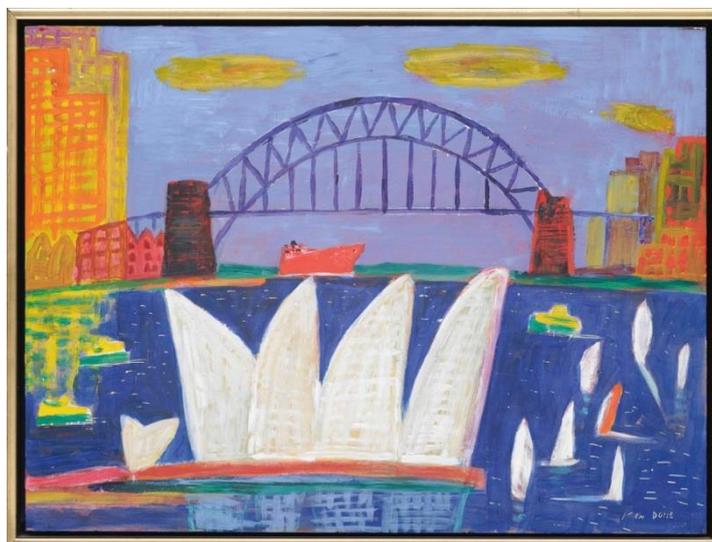
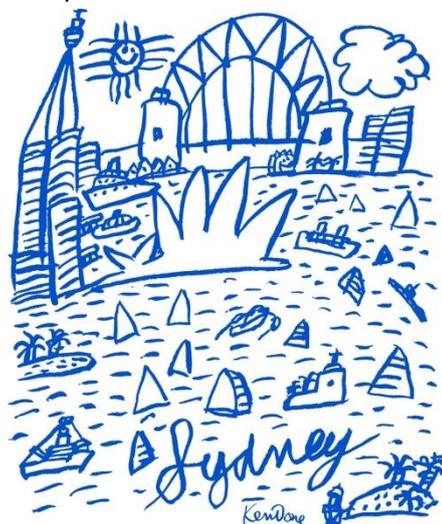


# Art – Landmarks inspired by Ken Done

Ken Done is an Australian Artist Born in 1940. He left school at 14 to attend a fulltime art school. As well as his painting, he works with charities that help disadvantaged children. These are all paintings he made of the same place.



Do you know where it is?



How are each of the paintings different from each other?  
Describe what can you see.

Watch BBC Bitesize video about Ken Done [HERE](#).

Did you hear Ken Done talking to the children about drawing the lines and shapes of the landmark first and then using your imagination with the colours you choose.

- Make a drawing of landmark. It could be a landmark you have seen in London or can choose a picture of a landmark in a different place.
- Use any materials you have at home to draw and colour if you can.

Here are some landmarks you could draw:

