


Year 1 Curriculum Summer 2 Week 5

To do throughout the week...

Wellbeing	Finding happiness in the small things - How are you feeling?- Look at the thermometer to help you Story: Augustus and his Smile Activity: Write all the things that make you happy and draw pictures to match.
Daily Exercise	Keep active! Make sure you do something active each day. Maybe do the exercises here .
	The Great 8 are fun challenges suitable for the whole family. See below.

Here are the curriculum activities for the week. You can do in any order you choose. Try to do these this week as next week's activity will follow on in each subject.

Science	What is it made from? <ul style="list-style-type: none"> Make a list of all the different materials you know. Have a look at this. Have a look around your home. Can you find different objects and say what they are made from? Can you explain why they are made of this material, thinking about their properties? 	
History	Local History <ul style="list-style-type: none"> Look at the pictures of London below and read the information. Houses in London have changed a lot. You might notice lots of different types of home in your area. Can you draw a house for either modern or olden day London? You can label the materials that may have been used 	You will need Resource
Geography	What is Canada like? <ul style="list-style-type: none"> Look at the map of North America. Can you locate Canada? Watch the information video on what Canada is like here. Draw the flag of Canada and write 3 facts that you have learned about Canada. 	You will need Resource
PE	Athletic Training Programme Warm up – watch video <ul style="list-style-type: none"> This is your chance to continue training like an athlete! Repeat previous sessions (Week 3 & week 4) each week. Can you repeat them more than once each week? At the end of each week, complete the activities below. Some are from previous lessons and are from the Virtual Sports Day.	You will need: A safe space to work in, a timer Some safe household items to use as markers and to jump over
RE	Noah's Ark <ul style="list-style-type: none"> Watch this clip of the Christian story of Noah's ark. Retell the story to someone in your home. Draw a picture of Noah when he built an altar to worship God and write how he may have been feeling. 	You will need: Draw a picture and write a caption.
Art	Newspaper heads. <ul style="list-style-type: none"> Begin by drawing the outline of a large but simple animal head on two whole sheets of newspaper folded on their natural crease line. Do not make the ears too small as you will be stuffing them with newspaper later on. Staple or paper clip the two pieces of newspaper together to stop them moving about and then paint the base colour of your animals head. You may need two or three coats of paint. Allow the paint to dry before adding on the extra details (eyes, mouth etc). When all of it is dry, cut the shape out carefully and then staple around all the edge of your shape, leaving a gap big enough to push the stuffing through. Tear up and crumple small pieces of newspaper and stuff the animal head with it. When you have finished, staple up the last remaining gap. 	You will need: Newspapers Black marker pen/felt tip, wax crayon or pencil Scissors Paint Stapler or glue *Support
Computing	Digital Art <ul style="list-style-type: none"> Choose one of the apps or ideas from the ICT Section of the 'More to Do' page' here. <li style="text-align: center;">or Go on a virtual tour of the National Gallery, in London, by clicking here. Using your favourite art app (or look on the ICT section of the 'More to Do' page for recommendations), try to recreate a painting or sculpture you liked.	

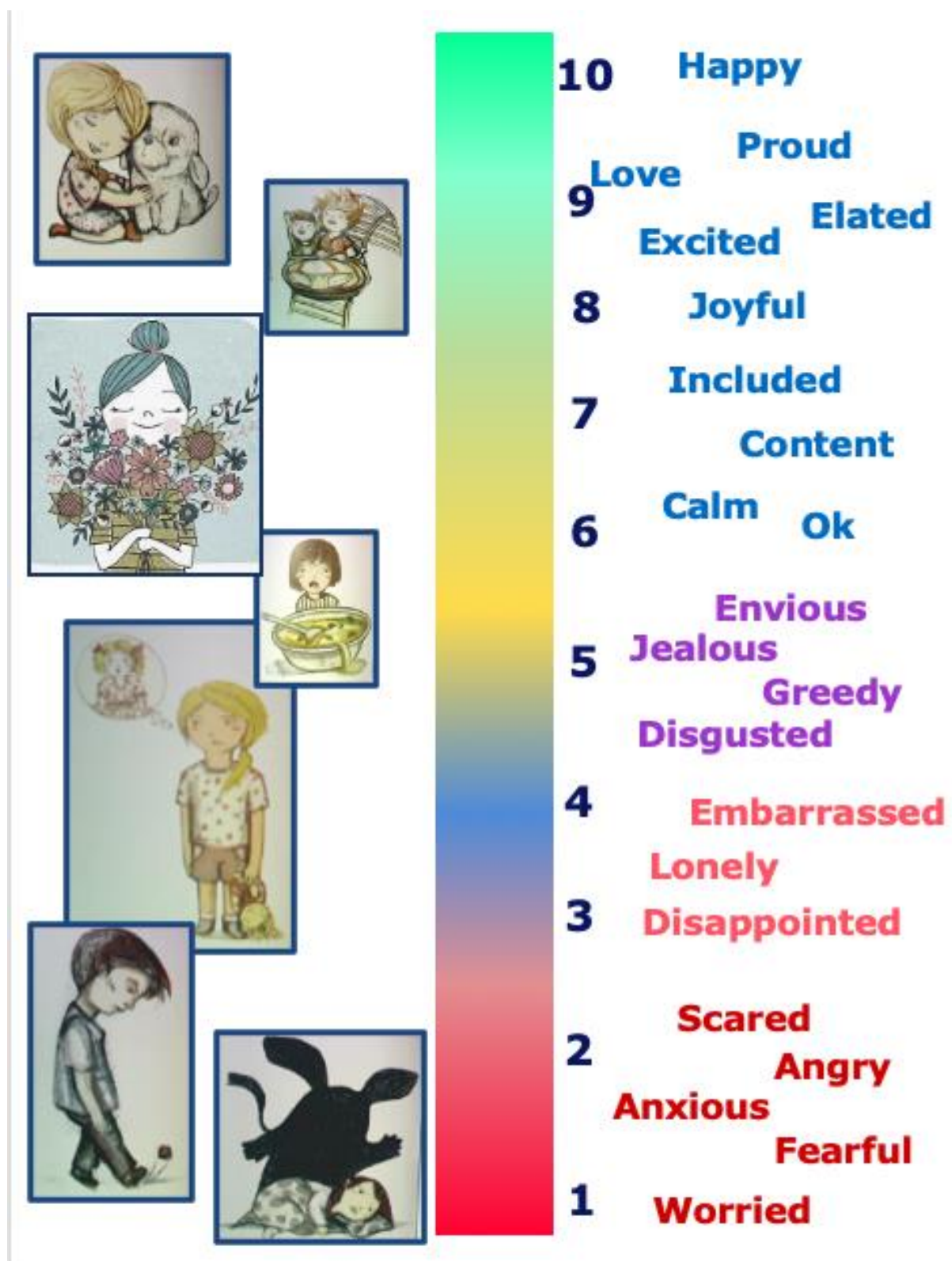


Here are some fun challenges suitable for the whole family.

Summer 2 Week 5

1. To talk about	Is sweet better than savoury?
2. To do	Which letters can you make with your body?
3. To investigate	Is it possible to sneeze and keep your eyes open?
4. To find out more about	How rainbows are formed
5. To design	A car
6. To learn	The words to a new song
7. To draw	What you are looking forward to back at school/ what you miss about school
8. To create	Find an item which might be recycled- what can you turn it into? For example- a milk bottle into a watering can.

Wellbeing – Feelings Thermometer



History - Resource

Then



Now



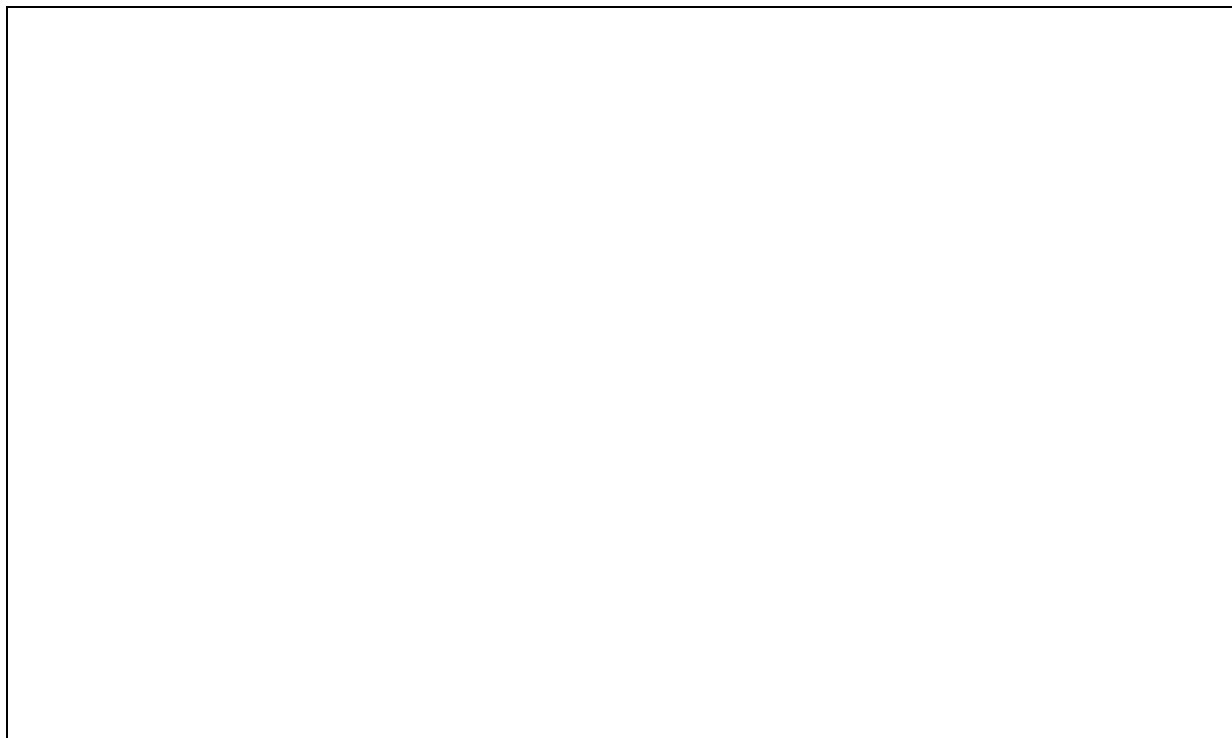
Houses in London have changed a lot over time. In the old pictures you see above houses were mostly made out of stone, brick and wood. Now, there are lots of different types of houses and many more flats made out of glass, metal and plastic parts.

Geography

Link to compare the size of Canada and the UK: <https://thetruesize.com/>

What is Canada like?

Draw the flag of Canada and write 3 facts that you have learned about Canada.



PE

At the end of each week, complete the activities below. Some are from previous lessons and are from the Virtual Sports Day.

1. **Shuttle run** – [watch video](#)
2. **Squats** – [watch video](#) (find where Mr G explains the squat!)
3. **Speed bounce** – [watch video](#)
4. **Press ups** – [watch video](#) (find where Mr G explains the press up!)
5. **Plank** – [watch video](#) (find where Mr G explains the plank!)

Fill in your scores in the table below and see if they improve over the next three weeks.

Activity	Week 5	Week 6	Week 7
Shuttle run – how many in 30 seconds?			
Squats – how many in 30 seconds?			
Speed bounce – how many in 30 seconds?			
Press ups – how many in 30 seconds?			
Plank – how long can you hold the plank for?			

Art

Make the head as big as you can on your newspaper. Remember not to make the ears too small.

Adding details such as eyes and mouths can be done with felt tips, chalk, wax crayons, colouring pencils or anything similar. When you are attaching your two head shapes together, after cutting them out, leave a space to allow you to push the stuffing through and then seal this bit up when you have finished the stuffing.



If you are gluing your two heads together, allow plenty of time for it to dry before starting to stuff it. When stuffing, take great care and use something like a pencil to help gently push the stuffing into the tips of the ears.

