

# Year 1 Curriculum Summer 2 Week 4

## To do throughout the week...

<b>Wellbeing</b>	<b>How to deal with stress</b> - How are you feeling?- Look at the thermometer to help you <b>Story:</b> <a href="#">Coronavirus for children</a> <b>Activity:</b> Target- Write down your stresses and list all the things to help you feel relaxed.
<b>Daily Exercise</b>	Keep active! Make sure you do something active each day. Maybe do the exercises <a href="#">here</a> .
	<b>The Great 8</b> are fun challenges suitable for the whole family. See below.

Here are the curriculum activities for the week. You can do in any order you choose. Try to do these this week as next week's activity will follow on in each subject.

<b>Science</b>	<b>What do different animals eat?</b> <ul style="list-style-type: none"> <li>What have you seen animals eating?</li> <li>Watch the <a href="#">video</a>.</li> <li>List some animals that are carnivores, herbivores and omnivores?</li> </ul>	
<b>History</b>	<b>Local History</b> <ul style="list-style-type: none"> <li>Have parks always had playgrounds?</li> <li>Look at the pictures and information below.</li> <li>Why do you think there are different playgrounds in our parks now? You could discuss with an adult or write some sentences to explain.</li> </ul>	You will need Resource
<b>Geography</b>	<b>What is Colombia like?</b> <ul style="list-style-type: none"> <li>Tell your adult how many continents you can name.</li> <li>Today we are learning about Colombia. Watch this <a href="#">video</a> to find out more.</li> <li>Which landmark in Colombia would you like to visit? Why? Your adult can film your choice and put it on Seesaw for your teacher to see!</li> </ul>	You will need Worksheet
<b>PE</b>	<b>Athletic Core and Flexibility Training - Warm up – <a href="#">watch video</a></b> <ul style="list-style-type: none"> <li><b>Activity 1</b> – How flexible is your lower body? <a href="#">Watch video</a></li> <li><b>Activity 2</b> – How flexible is your upper body? <a href="#">Watch video</a></li> <li><b>Activity 3</b> – Is your core as strong as an Olympic gymnast? <a href="#">Watch video</a></li> </ul> <p>Repeat the activities throughout the week to see how your flexibility and core strength improves</p>	You will need: A safe space to work in A medium-to-large sized ball
<b>Languages</b>	<b>La chenille</b> <ul style="list-style-type: none"> <li><b>Listen</b> to this <a href="#">song</a> about the days of the week in French.</li> <li><b>Identify</b> the days of the week in French.</li> <li><b>Write</b> the days in English next to the French word.</li> </ul>	You will need Activity sheet and pencil work w/ adult 
<b>Design Technology</b>	<b>Friendship, love and kindness inspired by Lubaina Himid.</b> <ul style="list-style-type: none"> <li>Talk about Lubaina Himid paintings on support sheet with someone at home and answer the questions.</li> <li>Think about someone you care about (maybe your friend) and where you would most like to be together.</li> <li>Draw yourself and your friend in your favourite place wearing your favourite clothes and colours.</li> </ul> <p>Describe your picture to your adult. Tell them where you are, why you chose those colours and what you were chatting about in your picture.</p>	You will need Paper, pencils colours if possible.  *Support 2
<b>Music</b>	<b>Making your own instrument</b> <ul style="list-style-type: none"> <li>Using an empty bottle container make your own shaker by adding on the inside either rice or pasta &amp; decorate it.</li> <li>Using an empty food can – wash it out and using a pencil you can use it as a scraper by rubbing the pencil up and down the ridges. You can use it as drum by tapping the top with your pencil.</li> <li>Create your rhythm pattern on your drum and shaker to your favourite song.</li> </ul>	You will need: Empty drink container Empty food tin Pencil Pasta or rice



Here are some fun challenges suitable for the whole family.

## Summer 2 Week 4

1. To talk about	Why do different people like different food?
2. To do	How many hops can you do in 10 seconds? Can you beat your score each time?
3. To investigate	Why do different countries have different time zones?
4. To find out more about	Someone who helped changed a law for many others
5. To design	A playground for aliens
6. To learn	How to do the Macarena dance
7. To draw	Where you live
8. To create	A hat from items around your house

# Wellbeing – Feelings Thermometer



- 10 **Happy**
- 9 **Love Proud**
- 8 **Excited Elated**
- 7 **Joyful**
- 6 **Included Content**
- 5 **Calm Ok**
- 4 **Envious Jealous Greedy Disgusted**
- 3 **Embarrassed Lonely Disappointed**
- 2 **Scared Angry Anxious Fearful**
- 1 **Worried**

# Wellbeing – Target



# History - Resource

## Now



## Then



Playgrounds in the early 1900's were built to help children build relationships with other children in the area but soon became a very unsafe place to be. Most of the equipment in the 1900's were made of metal and a hard stone and sand mix called asphalt, whereas now we have playground made out of rubber and plastic.

# Geography – Worksheet

Name of Landmark: \_\_\_\_\_



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# French

Activity 2: **Identify** what the days are in French.

Activity 3: **Write** the matching English word next to them, or tell an adult which is which. A couple have already been done for you.

lundi

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mardi

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mercredi

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jeudi

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vendredi

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samedi

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dimanche

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Tuesday

Saturday

## Design Technology - Friendship, Love and Kindness inspired by Lubaina Himid.

Lubaina Himid is a British artist who was born in Zanzibar, 66 years ago but came to Britain when she was a baby with her mother.

Her mother was a textile artist which means that she made art from woven or knitted cloth. She taught Lubaina to look closely at shapes, colours and patterns and how things were made.



What can you see in this painting by Lubaina Himid called 'Carpet'.

The shapes of colour look like they are lying on top of each other like patchwork.

What does it remind you of?

What do you think about this painting?

What do you like about it?

How would you describe the colours and shapes?

Lubaina Himid paints stories about beautiful friendships, love and kindness. In this painting we can see two friends on a boat. What else can you see?

How would you describe these ladies and what they are wearing?

How do you think Lubaina made the patterns on the dress?

What do you think they are talking about?

How do you think the ladies are feeling?



*'Between the two my heart is balanced' 1991*

### Your Art Challenge:

- Make a drawing of you and your best friend or someone you love.
- Where would your favourite place be to be together?
- What would you both be wearing?
- What would you be chatting about?