

Reception Curriculum Summer 2 Week 7

Wellbeing	<p>How are you feeling?- Look at the thermometer to help you Story: I want to shout and Stamp About Activity: Make your own anger stop sign. Write all the signs of anger on it so you can recognise when you feel angry.</p>				
Great Eight	<p>Try the Great Eight Challenges – fun challenges suitable for the whole family! See below.</p>				
<p>Here are the curriculum activities for the week. You can do them in any order you choose. Try to do these this week as next week's activity will follow on in each subject.</p>					
	Activity 1	Activity 2	Activity 3	Activity 4	Activity 5
Topic	<p>Understanding the world Hello minibeast, what are you? Research a minibeast of your choice and create a fact file poster. (See resource 1 below.) Where does this minibeast live? How many legs does it have? How many parts are there to its body?</p>	<p>Expressive Arts and Design Minibeast Mayhem! Design a minibeast on paper. Using junk modelling, playdough, clay or origami create your minibeast. (See resource 2 for ideas.)</p> <p>Challenge: Add labels to your minibeast design.</p>	<p>Understanding the world Minibeast hotel Can you design a home for a minibeast? Where do they live? Do they scurry underground or get cosy beneath the leaves? Can you make it look as real as possible so maybe more minibeasts will join? (See resource 3) Add labels to your design and explain what might live there.</p>	<p>Physical Development It's a snail's adventure! Using marbles/ball and paint, create your own snail trail. Roll the marbles/ball into the paint and roll it around on paper by lifting the edges to make it move. Try and keep it on the paper! You might need to complete this activity outside or on a tray. It can get messy!</p>	<p>Personal, Social and Emotional development Handle with care! Mindbeast are small! If you were to find a minibeast, what should you do to make sure it is safe and you don't scare it? Communication and language Which minibeast am I? Read the clues (See below) below and guess which minibeast it is describing. Can you create clues for someone else to guess?</p>
Physical Keep active every day	<p>Athletics Training</p> <p>You have made it to the final week of 'train like an athlete'. This week you have a brand new set of 'Joe Wicks' work out cards (see resources below.) Give yourself 40 seconds to complete each exercise, count how many you do before the time is up. Record how many you do on the score sheet (see below.) Have a 20 second rest between each exercise. See if you can better yourself each day. Is your personal best achieved on Friday?</p>				



Here are some fun challenges suitable for the whole family.

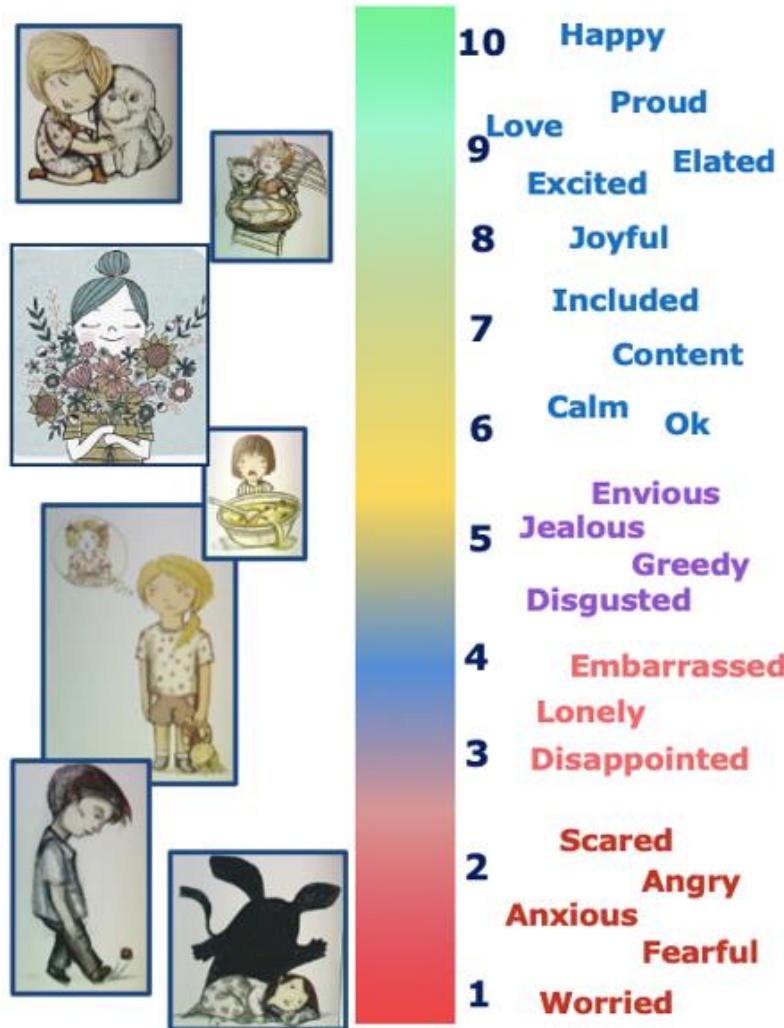
Summer 2 Week 7

1. To talk about	Would it be better to never age?
2. To do	How many push-ups can you do? Can you improve each week?
3. To investigate	What things are magnetic in your house and what do they have in common?
4. To find out more about	The bottom of the ocean.
5. To design	A suit to survive in space.
6. To learn	Count to 10 in Mandarin.
7. To draw	What the world will look like in 100 years. Cars, schools, clothes etc.
8. To create	An idea for a new TV show or movie.



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Wellbeing



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Topic Support and Resources:

Activity1

fact

Minibeast Facts



Name _____



Name of minibeast _____

What does it look like?

Where does it live?

What does it eat?

What is special about it?

Draw a picture of your minibeast.



Minibeast
file



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Activity 2

Minibeast mayhem



www.firstpalette.com



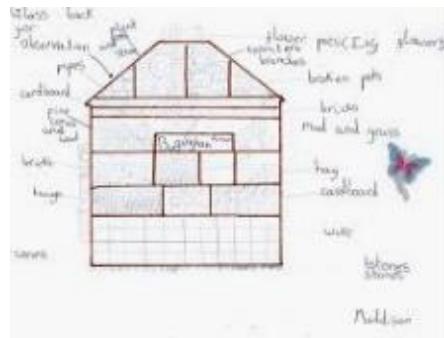
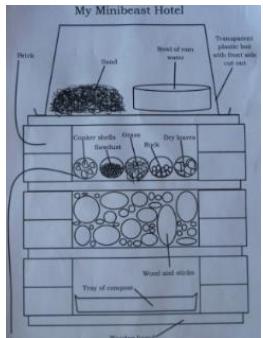
Jennifer's Little World



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Activity 3

Minibeast hotel



Red Ted Art



Activity 4

Snail trail



Activity 5

Who am I?

<ul style="list-style-type: none"> I am black I have 8 legs I do not have wings 	<ul style="list-style-type: none"> I am yellow and black I have wings I can make honey 	<ul style="list-style-type: none"> I have no legs I use slime to help me move I have a shell
<ul style="list-style-type: none"> I have no legs I am long and thin I cannot fly 	<ul style="list-style-type: none"> I have no legs I use slime to help me move I do not have a shell 	<ul style="list-style-type: none"> I have legs I have antennae (feelers) I change into a butterfly



Answers: Spider, bee, snail, worm, slug, caterpillar

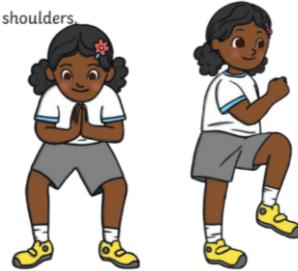


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Physical resources:

Squat Knee-Up

1. Start with your feet a bit wider than your shoulders.
2. Bend your knees as if sitting in a chair.
3. Stand up straight.
4. Lift one knee high.
5. Bring your elbow to your knee.
6. Repeat, this time using the other knee.



Lunge Punch

1. Start with your feet close together.
2. Step one foot backwards and bend your knees.
3. Punch out with one hand.
4. Stretch your arm out forwards.



Mountain Climbers

1. Get on your hands and feet.
2. Keep your back and legs in a straight line.
3. Bend one knee and bring it to your chest.
4. Return your foot to the floor.
5. Move nice and slowly.
6. Repeat with your other knee.



Knee Lifts

1. Hold your arms out to the side at about chest height.
2. Keep your arms straight.
3. Lift your knee high up to your elbow.
4. Keep your back straight.
5. Return your foot to the floor.
6. Repeat with the other knee.



The Mummy

1. Hold your arms out to the front.
2. Kick your legs up and out to the front.
3. Cross your hands over each other. First one on top and then the other.
4. Keep your arms and legs straight.



Week 7- Athletes training workout

Do for 40 seconds-20 seconds rest	Squat knee up	Mountain climbers	Knee lift	The mummy	Lunge punch
Monday					
Tuesday					
Wednesday					
Thursday					
Friday					



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