

Reception Curriculum Summer 2 Week 6

Wellbeing	<p>How are you feeling?- Look at the thermometer to help you Story: The Huge Bag of worries Activity: Worry Hat- write all of your worries and put them on the worry hat. Think about all the things that make you feel relaxed.</p>				
Great Eight	Try the Great Eight Challenges – fun challenges suitable for the whole family! See below.				
Here are the curriculum activities for the week. You can do them in any order you choose. Try to do these this week as next week's activity will follow on in each subject.					
	Activity 1	Activity 2	Activity 3	Activity 4	Activity 5
Topic	<p>Physical Development Butterflies Think back to last week, can you explain how a caterpillar turns into a butterfly? Butterfly wings are symmetrical. Cut out the butterfly (see resource 1) and colour or paint it in so it is symmetrical. Challenge: Have a go at making a butterfly symmetry painting. Have a look at this website and demonstration video to find out how.</p>	<p>Expressive Art and Design Hand Art There are lots of different animals and plants in the rainforest everything from jungle cacti to poisonous dart frog. Have a look at the rainforest picture slideshow. Which animals and plants can you see? What colours can see? Which slide is your favourite and why? Using your hands as the paintbrush, can you create your own hand art? Look at my example to help you! (Resource 2.)</p>	<p>Understanding the world Where in the world? There are lots of rainforests all over the world; South America, Africa, India, Asia and more! Can you use the maps below (resource 3) to find out where the different rainforest are? Challenge: Use the blank map to colour in the different rainforests from around the world. (Resource 3)</p>	<p>Communication and Language Walking through the Jungle Can you sing the 'walking through the jungle' song? (See resource 4 below.) Make up the next versus using the animal pictures below. Perform your song for an adult or record it to show your teacher on seesaw.</p>	<p>Personal, Social and Emotional Development Why does Anansi have 8 thin legs? There are lots of different folk stories. They teach us different things and make us think! Ask an adult to read 'Why does Anansi have 8 thin legs' to you (resource 5). What is the story trying to teach us? Can you explain why you think this?</p>
Physical Keep active every day	Athletics Training Week 2 of 'train like an athlete'. This week you have a brand new set of 'Joe Wicks' work out cards (see resources below.) Give yourself 40 seconds to complete each exercise, count how many you do before the time is up. Record how many you do on the score sheet (see below.) Have a 20 seconds rest between each exercise. See if you can better yourself each day. Is your personal best achieved on Friday?				





Here are some fun challenges suitable for the whole family.

Summer 2 Week 6

1. To talk about	Would you prefer: a day on your tablet or a day at the beach?
2. To do	Rub your tummy and tap your head at the same time.
3. To investigate	Does everyone in your house need the same amount of sleep?
4. To find out more about	The author of the book you are reading or have read.
5. To design	A poster to encourage people to recycle
6. To learn	How to tie a new knot. For example, tie your laces, a tie or a figure 8 knot.
7. To draw	A friend
8. To create	Make a musical instrument out of things about your house. What sounds can it make?



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Wellbeing

Thermometer



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The Worry Hat

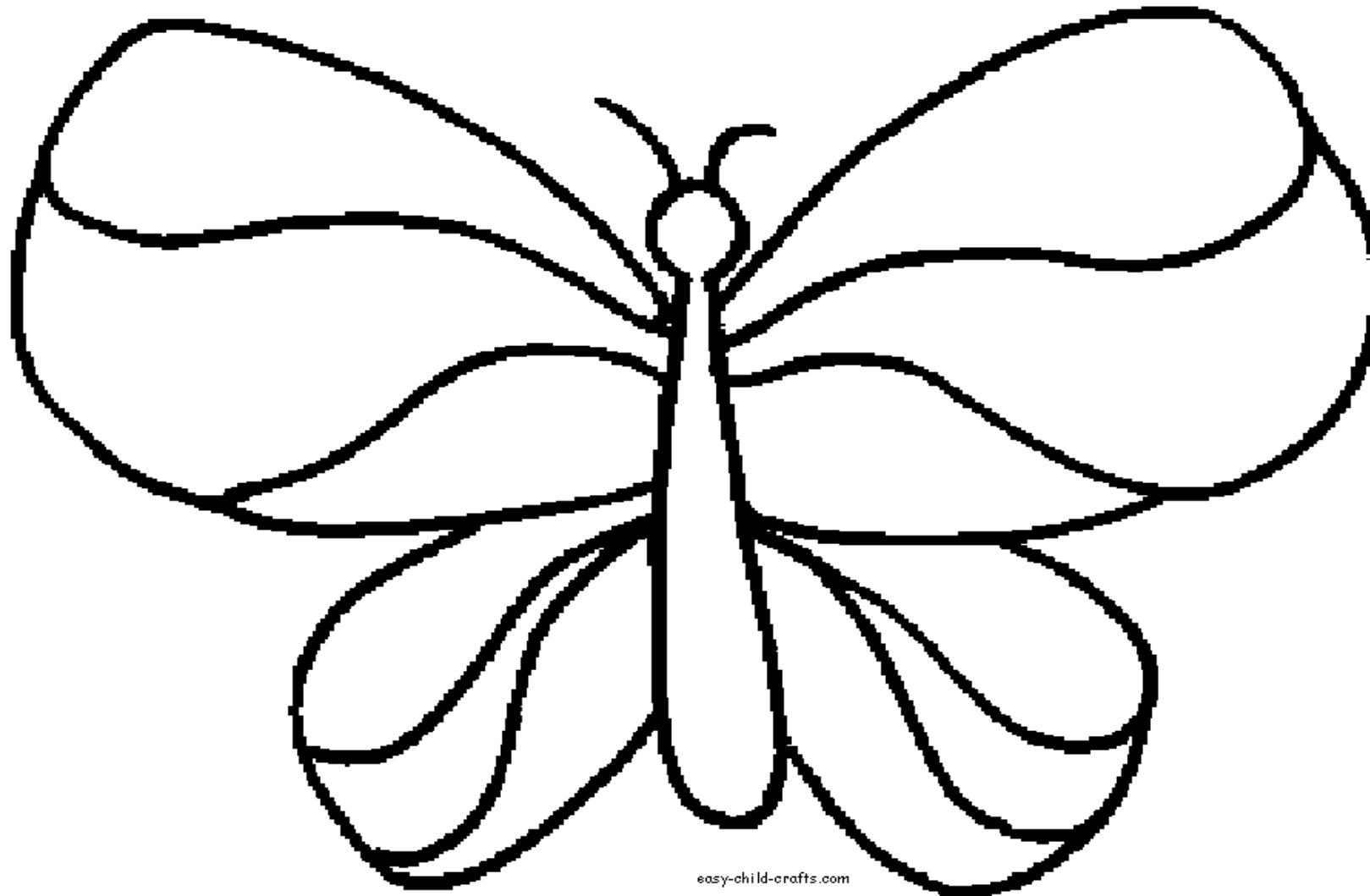
The Worry Hat



Let the worry hat hold your worries for you. Write or draw any worries you are having around the hat.

Topic Support and Resources:

[Activity 1- Butterfly cutting](#)



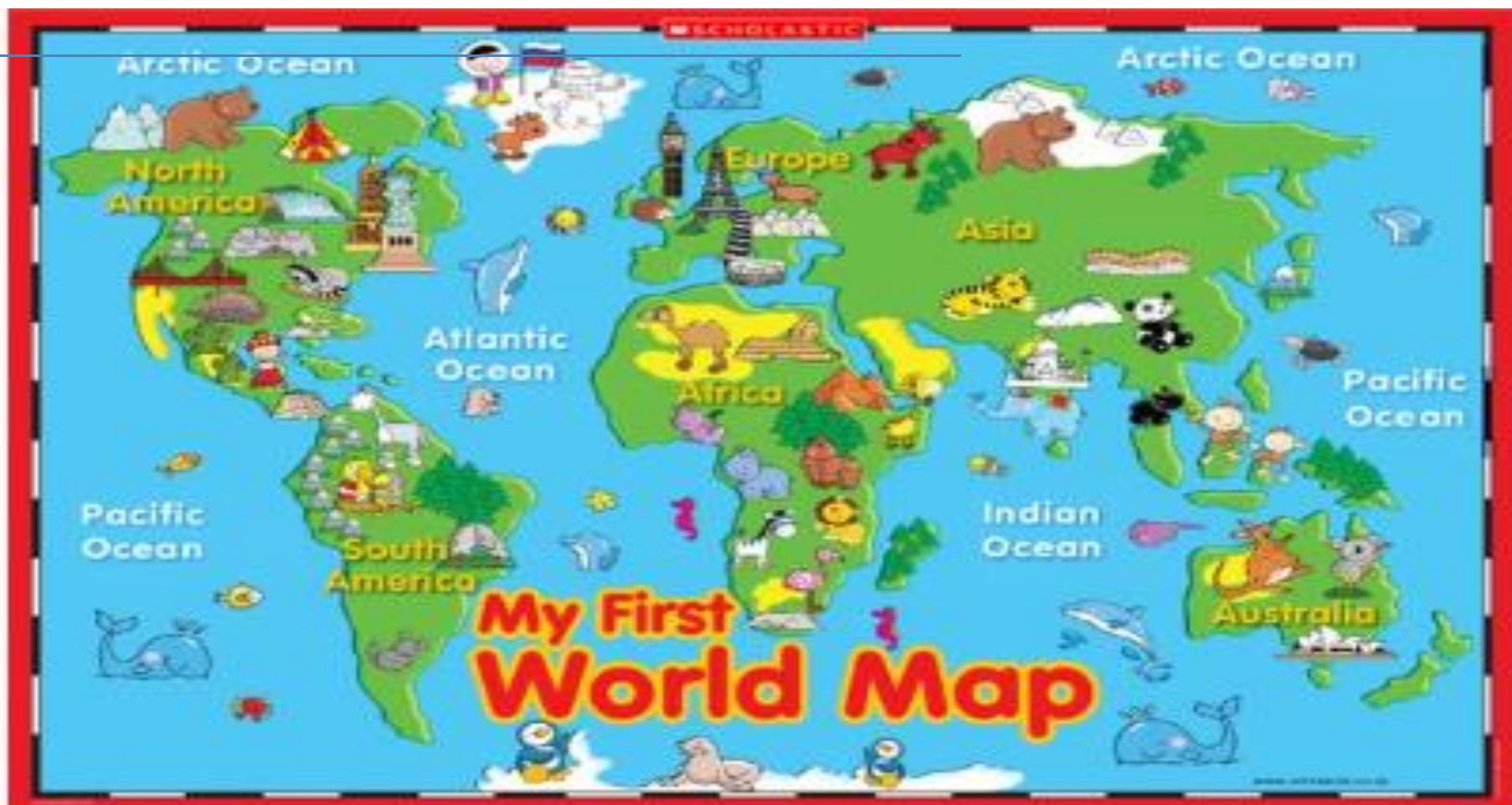
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Activity 2- Hand Art



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Activity 3- Where in the world?



Rainforests of the World Map



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Challenge:



Activity 4- Walking through the jungle

Chorus

Walking through the jungle,
Walking through the jungle,

What can you see?
What can you see?

I can see a **lion**; roar, roar, roar.

Looking for his tea,
Looking for his tea.



Chorus

I can see a **crocodile**; snap, snap, snap.

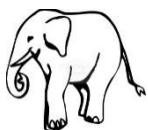
Looking for his tea,
Looking for his tea.



Chorus

I can see a **monkey**; hoo-hoo, hee-hee.

Looking for his tea,
Looking for his tea.



elephant



snake



tiger



spider



gorilla



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Activity 5- Why Anansi has 8 legs

Once upon a time, a long time ago, there lived a spider named Anansi. Anansi's wife was a very good cook. But always, Anansi loved to taste the food that others in the village made for themselves and for their families.

One day, he stopped by Rabbit's house. Rabbit was his good friend.

"There are greens in your pot," cried Anansi excitedly. Anansi loved greens.

"They are not quite done," said Rabbit. "But they will be soon. Stay and eat with me."

"I would love to, Rabbit, but I have some things to do," Anansi said hurriedly. If he waited at Rabbit's house, Rabbit would certainly give him jobs to do. "I know," said Anansi. "I'll spin a web. I'll tie one end around my leg and one end to your pot. When the greens are done, tug on the web, and I'll come running!"

Rabbit thought that was a great idea. And so it was done.

"I smell beans," Anansi sniffed excitedly as he ambled along. "Delicious beans, cooking in a pot."

"Come eat our beans with us," cried the monkeys. "They are almost done."

"I would love to Father Monkey," said Anansi. And again, Anansi suggested he spin a web, with one end tied around his leg, and one end tied to the big bean pot.

Father Monkey thought that was a great idea. All his children thought so, too. And so it was done.

"I smell sweet potatoes," Anansi sniffed happily as he ambled along. "Sweet potatoes and honey, I do believe!"

"Anansi," called his friend Hog. "My pot is full of sweet potatoes and honey! Come share my food with me."

"I would love to," said Anansi. And again, Anansi suggested he spin a web, with one end tied around his leg, and one end tied to the sweet potato pot.

His friend Hog thought that was a great idea. And so it was done.

By the time Anansi arrived at the river, he had one web tied to each of his eight legs.

"This was a wonderful idea," Anansi told himself proudly. "I wonder whose pot will be ready first?"

Just then, Anansi felt a tug at his leg. "Ah," said Anansi. "That is the web string tied to Rabbit's greens." He felt another. And another. Anansi was pulled three ways at once.

"Oh dear," said Anansi as he felt the fourth web string pull.

Just then, he felt the fifth web string tug. And the sixth. And the seventh. And the eighth. Anansi was pulled this way and that way, as everyone pulled on the web strings at once. His legs were pulled thinner and thinner. Anansi rolled and tugged himself into the river. When all the webs had washed away, Anansi pulled himself painfully up on shore.

"Oh my, oh my," sighed Anansi. "Perhaps that was not such a good idea after all. To this day, Anansi the Spider has eight very thin legs. And he never got any food that day at all."

Topic Support and Resources:

Star Jumps

1. Start with your feet close together.
2. Jump and land with your feet wide apart.
3. Stretch your arms out above your head.
4. Jump your feet in and your arms down.



Squat

1. Start with your feet a bit wider than your shoulders.
2. Squat down as if you're sitting into a chair.
3. Stand up tall again.
4. Keep a straight back.



Slow Motion Burpees

1. Bend to put your hands on the floor.
2. Walk your feet backwards.
3. Walk your feet to your hands.
4. Stand up with your arms up above your head.



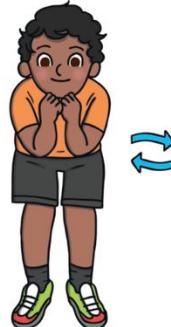
Touch the Foot, Touch the Sky

1. Place your feet out wide.
2. Reach to your toes with a straight arm.
3. Stretch your arms up high.
4. Pretend to touch the sky!



Ski Jump

1. Tuck your arms into your chest.
2. Crouch forward.
3. Pretend there is a line on the floor.
4. Jump to the side over this line.
5. Jump back to the other side.



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Week 6- Athletes training workout

Do for 40 seconds-20 seconds rest	Star jumps	Squat	Slow motion burpees	Touch the foot, touch the sky	Ski jump
Monday					
Tuesday					
Wednesday					
Thursday					
Friday					



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