

## Reception Curriculum Summer 2 Week 5

<b>Wellbeing</b>	<p><b>How are you feeling?</b>- Look at the thermometer (<b>see below</b>) to help you</p> <p><b>Story:</b> <a href="#">Augustus and his Smile</a></p> <p><b>Activity:</b> Write all the things that make you happy and draw pictures to match.</p>
Great Eight	Try the Great Eight Challenges – fun challenges suitable for the whole family! See below.

**Here are the curriculum activities for the week. You can do them in any order you choose.  
Try to do these this week as next week's activity will follow on in each subject.**

	Activity 1	Activity 2	Activity 3	Activity 4	Activity 5
<b>Topic</b>	<p><b>Physical Development</b> <b>Zigzag folding!</b></p> <p>There are more than 427 different species of frog in the Amazon Rainforest, including the poison dart frog.</p> <p>Today you are going to try and make frogs legs by folding zig zag paper!</p> <p>Have a look at my example to help you! <b>(Resource 1)</b></p>	<p><b>Understanding Wider World</b> <b>Jungle information!</b></p> <p>We are learning all about the jungle!</p> <p>Our mission is to show everyone just how exciting the jungle is! Watch <a href="#">this video</a> all about the jungle.</p> <p>Can you make a poster to show all the exciting things in the jungle?</p>	<p><b>PSED</b> <b>How are we special?</b></p> <p>Ronald the Rhino wants to know how he is special. Watch this story about <a href="#">Ronald the Rhino</a> to see how he is special. How are you special? Can you tell an adult the different ways that you are special?</p>	<p><b>Expressive Art and Design</b> <b>Jungle bird!</b></p> <p>There are lots of different birds around the jungle! There are 1,300 different species of birds in the Amazon Rainforest. The most iconic is the toucan, with its colourful bill and unique look. However, macaws, parrots, hummingbirds, harpy eagles and many other popular birds live there as well.</p> <p>Have a look at this template of a bird (<b>Resource 2</b>). Can you use tissue paper, crayons or collage to design your own jungle bird?</p>	<p><b>Understanding the world</b> <b>All about butterflies!</b></p> <p>Bright and beautiful butterflies are often seen flying over the Amazon Rainforest.</p> <p><a href="#">Watch</a> the caterpillar changing into a butterfly. What does it start as? What does it eat? What does it look like just before a butterfly comes out?</p> <p>Have a look at these pictures of butterflies (<b>resource 3</b>). Have a go at drawing a butterfly from these pictures? Can you explain to an adult what insect turns into a butterfly?</p>
<p><b>Physical</b></p> <p><b>Keep active every day</b></p>	<p><b>Athletics Training</b></p> <p>Over the next 3 weeks you are going to train like an athlete! Each week you will have different Joe Wicks interval training exercises to complete (<b>see resources below.</b>)</p> <p>Give yourself 40 seconds to complete each exercise, count how many you do before the time is up. Record how many you do on the score sheet (<b>see below.</b>) Have a 20 second rest between each exercise. See if you can better yourself each day.</p>				

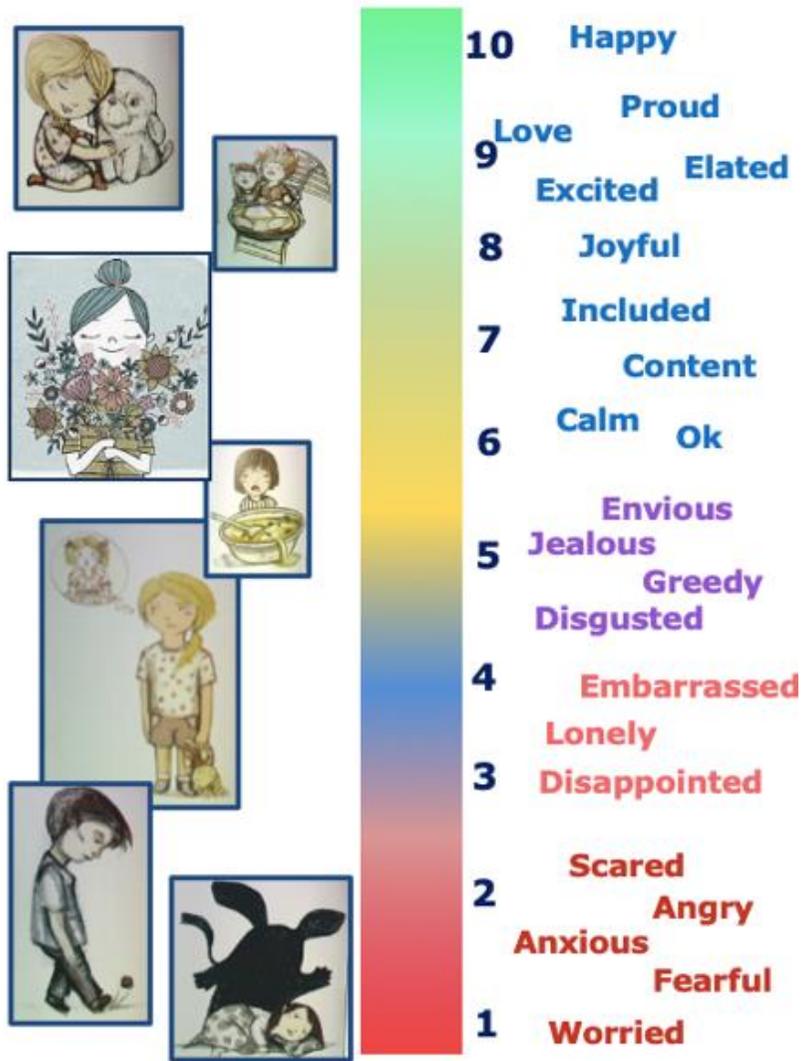


Here are some fun challenges suitable for the whole family.

## Summer 2 Week 5

1. To talk about	Is sweet better than savoury?
2. To do	Which letters can you make with your body?
3. To investigate	Is it possible to sneeze and keep your eyes open?
4. To find out more about	How rainbows are formed
5. To design	A car
6. To learn	The words to a new song
7. To draw	What you are looking forward to back at school/ what you miss about school
8. To create	Find an item which might be recycled- what can you turn it into? For example- a milk bottle into a watering can.

# Wellbeing

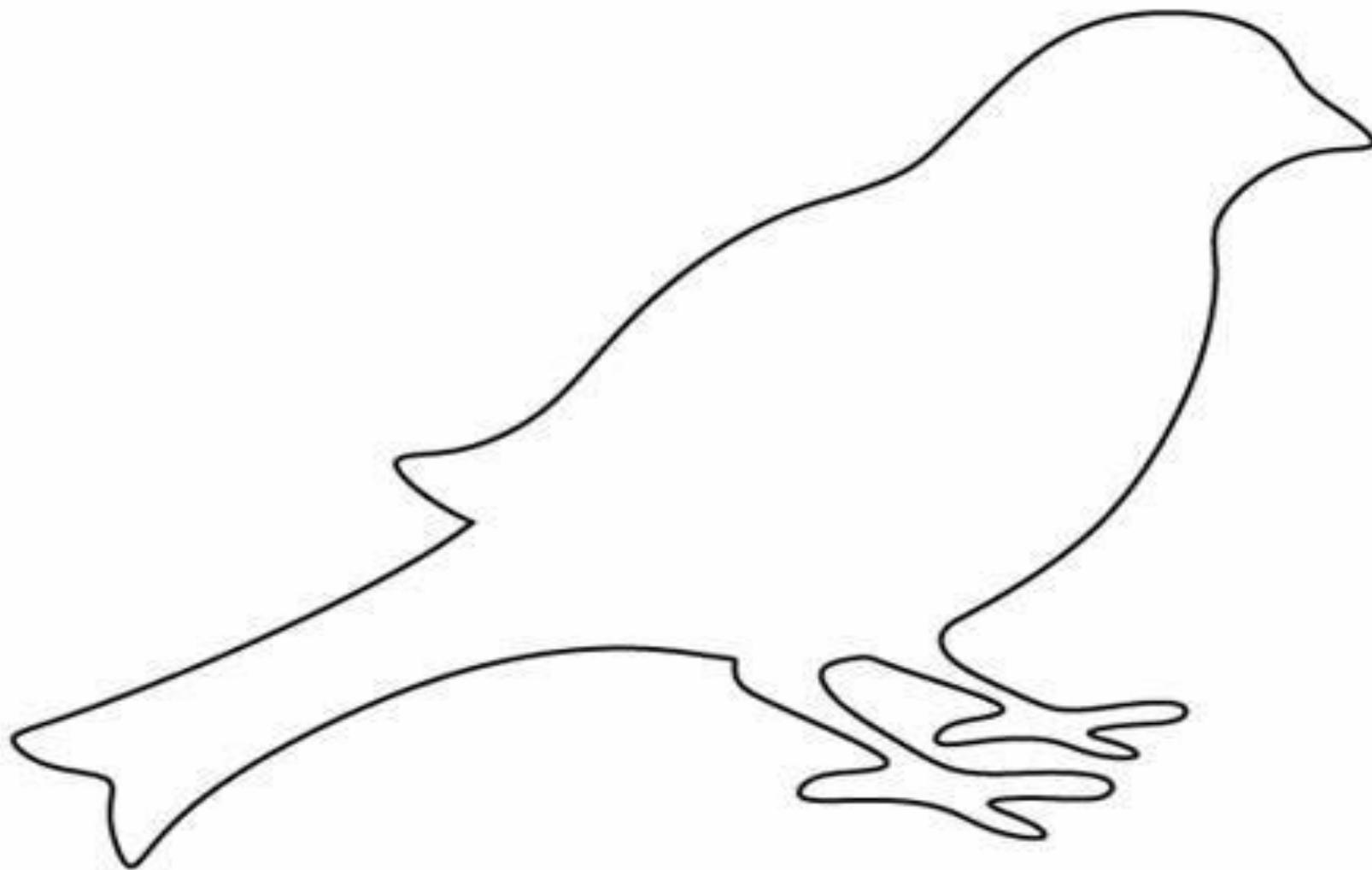


# Topic Support and Resources:

## Activity 1: Zigzag frog's legs



**Activity 2:** Design your own Jungle bird



Activity 3- Observational drawing of a butterfly



# Physical

## Star Jumps

1. Start with your feet close together.
2. Jump and land with your feet wide apart.
3. Stretch your arms out above your head.
4. Jump your feet in and your arms down.



## Squat

1. Start with your feet a bit wider than your shoulders.
2. Squat down as if you're sitting into a chair.
3. Stand up tall again.
4. Keep a straight back.



## Running and Punching

1. Run on the spot.
2. Punch your hands forwards at shoulder height.
3. Keep your knees high.
4. Stretch your arms and punch your hands.



## Frog Jump

1. Bend your knees.
2. Touch the ground.
3. Jump up high.
4. Stretch your arms above your head.
5. Keep going!



## Marching High Knees

1. March on the spot.
2. Lift your knees high.
3. Touch your elbow to your knee.
4. Keep your back straight.



### Week 5- Athletes training workout

<b>Do for 40 seconds-20 seconds rest</b>	<b>Star jumps</b>	<b>Running and punching</b>	<b>Frog jump</b>	<b>Squat</b>	<b>Marching high knee</b>
Monday					
Tuesday					
Wednesday					
Thursday					
Friday					