# Reception Curriculum Summer  Week 2
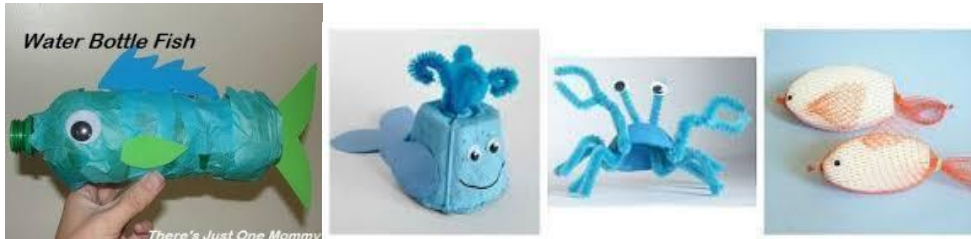
| Wellbeing 'Thought for the day' | Question: **Can kindness change the world?**  Is it more important to be kind to yourself or to others, or is it of equal importance? <br> Activity: Do something kind for each person in your household including yourself!  Give a compliment or help someone with a job |
|---|---|
| Great Eight | Try the Great Eight Challenges – fun challenges suitable for the whole family! See below. |

**Here are the curriculum activities for the week. You can do in any order you choose.**
**Try to do these this week as next week's activity will follow on in each subject.**

| | Day 1  Activity | Day 2 Activity | Day 3 Activity | Day 4 Activity | Day 5 Activity |
|---|---|---|---|---|---|
| **Topic** | **Understanding The World** <br> **Save our Oceans Poster** <br> Can you make a poster about how we can save our ocean? Remember to include why it is important to protect our ocean! Look at the link here  help you. <br><br> **Expressive Art and Design** <br> **Make a sea creature** <br> Get creative! Can you make a sea creature out of items in your kitchen? Look at the example below to help you. | **Physical Development** <br> **Hand creatures** <br> Draw around your hands with a pencil. Can you make them into a sea creature? Look at the examples below to help! <br><br> **Personal Social and Emotional Development** <br> **Understanding Feelings** <br> Read the book 'The Snail and the Whale' by Julia Donaldson. <br> The Snail and the Whale <br> Choose a character: the snail or the whale. Discuss how each character is feeling. Why do they feel that way? | **Understanding The World** <br> **Floating and sinking** <br> What does float mean? What does sink mean? Choose 3 food containers from your kitchen and 3 plastic toys. <br> Guess whether the item will sink or float. Put each item in a sink full of water and see whether it sinks or floats. | **Communication and Language** <br> **Sink the boat** <br> Find a pretend boat. With your adult predict what things around your house might sink the boat? What things may keep your boat floating? Can you explain why and record in chart? See example below to help. <br><br> **Communication and Language** <br> **Creature rhyming** <br> Can you think of different rhyming words for different sea creatures? Challenge yourself by writing these down! E.g fish and dish. | **Personal, Social and Emotional Development** <br> **Swim Safe** <br> Can you make a list of safety rules when swimming? <br><br> **Communication and language** <br> **Sea Bingo** <br> Can you play a game of under the sea bingo? Choose 6 sea creatures to go in your 6 boxes. Choose a quiz master to call out the creatures and see who can cross out all of the creatures first! Whoever wins shouts BINGO! |
| **Physical** <br><br> **Keep active every day** | **Animal Jumps** <br> Explore how animals jump. <br><br> Jump like a kangaroo, leap like a lion, hop like a bunny, bounce like a frog. <br> Can you think of other jumping animals? | **Jumps and Hops** <br> Practice jumping with 2 feet and then hopping on one (try each leg) x20. | **Triangle Challenge** <br> Use 3 items from home to make a triangle shape. <br><br> Try to jump to each base. <br><br> Once around the triangle- can you complete 10 laps? | **Jumping Challenge** <br> Ask someone to count how many jumps you can do without stopping. <br><br> Jump as high as you can! | **High jumps** <br> On three sheets of paper, write numbers 1-3 and tape them onto a wall above the height of your child. 1 being the lowest-3 the highest. Jump and try to touch each number. |

# Support and Resources

## Make a Sea Creature Ideas



Junk modeling for example:
Egg cartons, milk bottles, water bottles, cereal boxes, glue, scissors, paint

## Hand Creatures



## Sink the Boat

Junk



Resources you may need: Paper, pencils, lego, pencils, pasta model boats.

**Here are some fun challenges suitable for the whole family.**

| Summer Week 2 | | What to do<br>What you need |
|---|---|---|
| 1. To talk about | **Would you rather have wings or four legs? Why?** | |
| 2. To do | **Master the Crow pose**  | Space<br>A soft surface |
| 3. To investigate | **Are people's left and right feet the same length?** | Compare your own feet<br>Compare the feet of your family members |
| 4. To find out more about | **The fastest things on the planet** | Ask someone in your house or research online |
| 5. To design | **A new logo for your school** | |

| | | |
|---|---|---|
| 6. **To learn** | **Five or more bones of the human body** | Ask someone in your house or research online |
| 7. **To draw** | **Your teacher** | Draw from memory<br>Use the school website |
| 8. **To create** | **An origami animal** | Use a website.<br>Be creative and make your own |