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| Make a Fabulous Fruit Salad | |
| Challenge | Make a super healthy fruit salad for the whole family.  C:\Users\AWhite\Downloads\shutterstock_137150000 (1).jpg**Food skills**   * Measure. * Peel. * Slice. * Combine and mix. |
| Ingredients | * 2 satsumas * 4 strawberries * 8 seedless red grapes, halved lengthways * 8 seedless white grapes, halved lengthways * 2 bananas * 2 x 15ml spoons orange juice |
| Method | 1. Peel the satsumas and separate into segments. 2. Pull the stalks from the strawberries and cut into slices. 3. Peel the bananas and cut into slices. 4. Place all the fruit in the bowl and add orange juice. 5. Mix all the ingredients together. |

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