

Cook



Make a Fabulous Fruit Salad

Challenge

Make a super healthy fruit salad for the whole family.

Food skills

- Measure.
- Peel.
- Slice.
- Combine and mix.

Ingredients

- 2 satsumas
- 4 strawberries
- 8 seedless red grapes, halved lengthways
- 8 seedless white grapes, halved lengthways
- 2 bananas
- 2 x 15ml spoons orange juice



Method

1. Peel the satsumas and separate into segments.
2. Pull the stalks from the strawberries and cut into slices.
3. Peel the bananas and cut into slices.
4. Place all the fruit in the bowl and add orange juice.
5. Mix all the ingredients together.

We'd love to see all the great learning your children are doing at home. A way to share this with our community is to take a photo of your child's work and tag us at [q1ehomelearning](#) - this is on either [Twitter](#) or [Instagram](#).