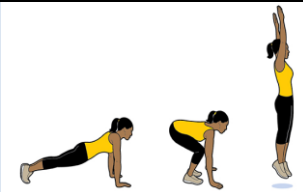


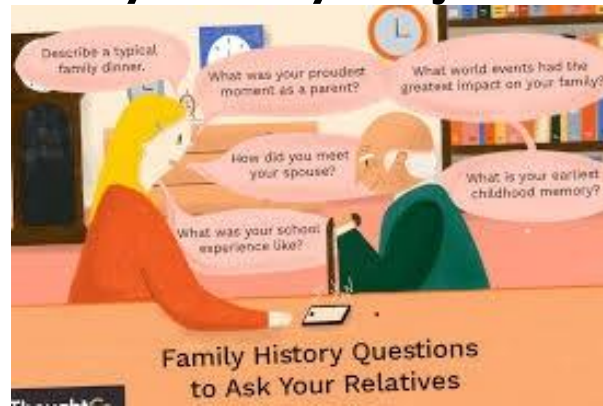
Year 6 Curriculum Week 2

You can choose the order of the learning or do in the order given.

	Day 1 Activity	Day 2 Activity	Day 3 Activity	Day 4 Activity	Day 5 Activity
Core Subjects	English Maths <i>See year group plan</i>	English Maths <i>See year group plan</i>	English Maths <i>See year group plan</i>	English Maths <i>See year group plan</i>	English Maths <i>See year group plan</i>
Topic	<p>Geography</p> <p>Last week you found out about natural resources.</p> <p>This week, think about what would happen if natural resources run out? <i>-Which natural resources are most likely to run out? Why?</i></p> <p>What alternative (renewable) energy do you think it would be best to use? Why?</p> <p>Check out about it here. And more here too.</p> <p>Explain your new learning to someone in your family – you could do this over the phone or in person.</p>	<p>Science/PE</p> <p>Take your heart rate at resting (how many times does it beat in 1 minute?).</p> <p>Do a minute of exercise (running / star jumps) and after the minute take your heart rate again. Repeat this process until you have done 5 minutes of exercise. Record your heart rate after every 1 minute of exercise.</p> <p>What has happened to your heart rate? Why does this happen?</p>	<p>History</p> <p>Family History Project</p> <p>Interview a family member and write about what you learned about them.</p> <p>You could interview more than one person, different members of your family and compare their histories.</p> <p>See below.</p>	<p>Art</p> <p>Draw what you see from a window at home.</p> <p>Think about using the window frame as a picture frame to your view.</p> <p>You could draw the view at different times of day or looking in different directions.</p> <p>What mood do you want to create?</p>	<p>Science/PE</p> <p>Design an exercise class for your family or friends that they can take part in at home.</p> <p>Think of 5 different exercises that will increase heart rate. <i>Will your 'class' do 30 seconds / 1 minute of exercise at a time? Will their rest time be 30 seconds / 1 minute between exercises?</i></p> <p>Ask participants to take their heart rate after each exercise. <i>Which exercise had the biggest effect on heart rate? Why? Does it affect all people the same? Why do you think this is?</i></p>
Great Eight Challenge	Great Eight Challenge	Great Eight Challenge	Great Eight Challenge	Great Eight Challenge	Great Eight Challenge

'The Great Eight' Challenge – Week 2		What to do	What you need?
1. To talk about	is hot better than cold?	Talk to as many people as you can about this. Did they make you change your mind?	
2. To do	 do 10 burpees at 5 times each day	Set an alarm to remind yourself to keep active, time yourself, race someone	Timer, watch, phone, clock
3. To investigate	what slides and what doesn't?		Different objects and surfaces
4. To find out more about	a world leader now or someone from history	Choose someone you know or ask an adult who they know about or look online	
5. To design	a flag which represents your family	Could include colours, hobbies, places, food, symbols..	
6. To learn	how to say greetings and count to 10 in a new language		
7. To draw	or describe yourself in 10 years' time	Imagine where you will be and what you will be doing	
8. To create	new words to a song you know or make up a new song		

Family History Project KS2



There is history in everyone we meet

Task:

To interview a family member or someone who you know well (preferably an older person)

Presentation:

You will decide how you present the information – you may be as creative as you wish.

Before the interview:

- Decide on who you might want to talk to.
- Arrange a time or times that work for you both. This can be on the phone, on FaceTime, Skype if they do not live nearby or you cannot see them.
- Do ask if there are any photos or objects that might be able to see.
- Read the questions. Decide on at least 15 you want to ask.
- You may have other questions you want to ask too. Go ahead! This is your project. You could do it in one go or at different times if that works best.

Do the interview

- **Listen carefully!**
- **Take notes if you need to but not if that stops you listening....**

After the interview:

- Don't wait too long before making notes of the main things that you learned.
- Think about how best to present what you have learned about your person and how life has changed.
- You can present your information in any way you like – in your book, in a separate book... it is up to you.
Be creative, include all you have learned,
- You are making a new historical source.

Possible interview questions:

1. What is your full name? Why did your parents select this name for you? Did you have a nickname?
2. When and where were you born?
3. How did your family come to live there?
4. Were there other family members in the area? Who?
5. What was the house (apartment, farm, etc.) like? How many rooms? Bathrooms? Did it have electricity? Indoor plumbing? Telephones?
6. Were there any special items in the house that you remember?
7. What is your earliest childhood memory?
8. Describe the personalities of your family members.
9. What kind of games did you play growing up?
10. What was your favourite toy and why?
11. What was your favourite thing to do for fun (eg sport, dancing, cinema?)
12. Did you have family chores? What were they? Which was your least favourite?
13. Did you receive an allowance? How much? Did you save your money or spend it?
14. What was school like for you as a child? What were your best and worst subjects?
15. What school activities and sports did you participate in?
16. Do you remember any trends from your youth? Popular hairstyles? Clothes?
17. Who were your childhood heroes?
18. What were your favourite songs and music genres?
19. Did you have any pets? If so, what kind and what were their names?
20. Who were your friends when you were growing up?
21. What world events had the most impact on you when you were a child? Did any of them personally affect your family?

22. Describe a typical family dinner. Did you all eat together as a family? Who did the cooking? What were your favourite foods?
23. How were holidays celebrated in your family? Did your family have special traditions?
24. How is the world today different from what it was like when you were a child?
25. Who was the oldest relative you remember as a child? What do you remember about them?
26. What do you know about your family surname?
27. Is there a naming tradition in your family?
28. What stories have come down to you about your parents? Grandparents?
29. Have any recipes been passed down to you from family members?
30. Are there any physical characteristics that run in your family?
31. Are there any special items eg photos, furniture or other things that have been passed down in your family?
32. What was it like when you proposed (or were proposed to)? Where and when did it happen? How did you feel?
33. Where and when did you get married?
34. Why did you choose your children's names?
35. What was your proudest moment?
36. What was your profession and how did you choose it?
37. If you could have had any other profession, what would it have been? Why wasn't this your first choice?
38. Of all the things you learned from your parents, what do you feel was the most valuable?
39. What is the one thing you most want people to remember about you?

Geography support

Last week you found out about natural resources.

Natural resources are those that nature will replace like wind, water and sunshine.

This week, think about what would happen if natural resources run out?

-Which natural resources are most likely to run out? Why?

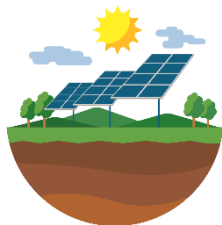
What alternative (renewable) energy do you think it would be best to use? Why?

It could be one of the following:

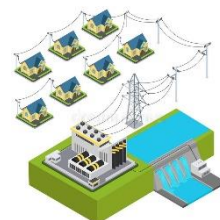


Wind energy: wind turbines on wind farms

Solar energy ('solar' is the Latin word for 'sun'): solar power can be used as a heat source and



as an energy source.



Hydro energy (hydro means 'water' in Greek): 'hydro energy' is made from water.

Science/PE support

What has happened to your **heart rate** (how many times your heart beats in a minute) after exercising? Did it increase (got higher) or decrease (got lower)?

Why does this happen? Think of the beats of your heart needed to deliver blood. Do you think we need more blood when we are doing an exercise?

Remember the heart is a muscle. Will exercise strengthen it?