

Year 3 Curriculum Summer 1 Week 1

You can choose the order of the learning or do in the order given.

	Day 1 Activity	Day 2 Activity	Day 3 Activity	Day 4 Activity	Day 5 Activity
Core Subjects	English Maths <i>See year group plan</i>	English Maths <i>See year group plan</i>	English Maths <i>See year group plan</i>	English Maths <i>See year group plan</i>	English Maths <i>See year group plan</i>
Topic	<p>Geography</p> <p>Look at the food waste facts below.</p> <p>What could you do at home to reduce food waste? What could be done in schools to reduce food waste?</p> <p>Write a letter / poem, or create a leaflet / brochure telling people at home or school how to reduce food waste.</p>	<p>Science</p> <p>Have a look at 'The Eatwell Guide' or this website.</p> <p>What are the 5 main food groups we need to eat to keep healthy? Give at least 3 examples of food for each of the food groups.</p> <p>Write a summary of what each food group provides the body. E.g. <i>We eat meat, eggs and other protein to</i></p>	<p>Art</p> <p>This week we want you to create your own sketchbook. Look at the ideas for creating a sketchbook here.</p> <p>Choose any object from home and 1 of the challenges below to practise your careful looking (observation) and your observational drawing skills.</p>	<p>DT – Cooking Challenge</p> <p>We want you to help with cooking and baking this week, in any way you can.</p> <p>Choose 1 (or more!) of the ideas below and improve your cooking skills this week.</p> <p>Make sure you ask an adult for permission before trying any of the cooking challenges.</p>	<p>Science</p> <p>Make and complete a food diary for 1 day (or more) recording all the food you eat in that day.</p> <p>By the end of the day, have you eaten a balance of all the main food groups? Which food group have you eaten most/least of?</p> <p>Can you group all the foods you have eaten by food group E.g. carbohydrate, protein etc.</p>
Great Eight Challenge	Great Eight Challenge	Great Eight Challenge	Great Eight Challenge	Great Eight Challenge	Great Eight Challenge

'The Great Eight' Challenge – Week 3		What to do	What you need?
1. To talk about	<p>what is the odd one out? Plants, animals or humans</p> <p>Explain why.</p> <p>or</p> <p>If elephants ruled the world, what changes would you see?</p>	<p>Talk to as many people as you can about this.</p> <p>What do different people think? Do you all agree?</p>	
2. To do	<p>create a dance or a workout to learn by heart.</p>	<p>Repeat the activity three times a day. Can you teach it to someone else?</p>	<p>You could use: Timer, watch, phone, clock, music</p>
3. To investigate	<p>how does the weather change in a day?</p>	<p>Make a record of the weather at three different times of the day.</p>	<p>Paper and pencil</p>
4. To find out more about	<p>a sportsperson or musician who set a record</p>	<p>Choose someone you know or ask an adult who they know about or look online</p>	
5. To design	<p>an outfit for a superhero, spy or book or film character</p>	<p>Think about the jobs of your superhero or spy. What gadgets would help them.</p>	<p>Paper and pencils</p>
6. To learn	<p>where three or more European countries are</p> <p>Challenge: Can you learn their capital cities too?</p>	<p>Try to find some countries you have not heard of before.</p>	
7. To draw	<p>or describe your favourite place</p>	<p>Use your memory or pictures</p>	<p>Paper and pencils</p>
8. To create	<p>a collage or sculpture that represents a mood.</p>	<p>Use materials you can find at home.</p> <p>Eg collection of things/colours that make you calm or happy</p>	<p>Magazines Newspapers Drawings Junk</p>

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DT Cooking Challenge

Choose 1 or more of these challenges and get cooking!

Get your breakfast (and lunch) ready by yourself every day this week.	Make a recipe that is someone in your family's favourite treat/snack/meal.	Make a meal with foods that all start with the same letter.	Try to create a snack based on a book, a film or a song.
Create a new smoothie flavour.	Find a recipe from another country and culture that you would like to try.	Make a fruit salad.	Learn how to cook a vegetable in 2 different ways.
Peel the vegetables for dinner every day.	Plan a whole balanced meal for your family. Or even plan <u>3 days worth of meals</u> .	Cook/bake something in a muffin tin.	Get breakfast/lunch ready for your whole family.
Make your own ice lollies.	Prepare a meal/sandwich with as many different colours as possible.	Ask a friend / family member for their favourite (and maybe secret) recipe, then follow the recipe.	Cook a pasta meal.



Art

Use 1 of these prompts at a time to make a drawing of the object in the sketchbook you just made. You don't have to do them all- Just the ones you'd like to try.

Look and draw your subject in the time it takes to inhale and exhale one breath.

Draw the outline of your subject in one, strong gesture.

Draw your subject without blinking.

Draw your chosen subject in five lines.

Look at your subject and draw it without looking at the paper. No cheating!

Draw your subject with your non-dominant hand.

Look at your subject and draw it without looking at the paper. No cheating!

Draw your subject's shadow.

Draw your chosen subject in three lines.

Hold your pencil or pen lightly from the top (with all five fingers) and dangle it over the paper drawing your subject.

Place the object upside down to draw it .

Draw your subject from inside out with no outline or contour at all (use only shading).

Draw your subject in dots and specks.

Draw your chosen subject in a continuous line without taking your pencil or pen off of the paper.

Geography: Food Waste



THE FOOD WE WASTE



30% of UK vegetable crops are never harvested and are rejected by retailers due to min or aesthetic imperfections.



£10.2 bn is thrown away from homes every year – £1bn is in-date food.



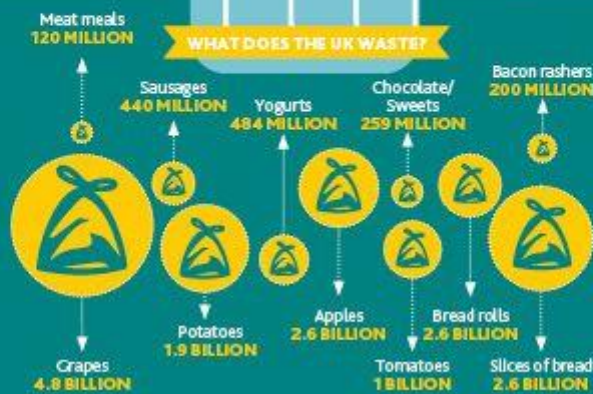
61% of waste is avoidable, meaning that 4.4 million tonnes of the food in our bins doesn't necessarily have to be there.



If we stopped wasting CO₂ the impact would be the equivalent of taking 1 in 4 cars off the road. That'll save the equivalent of 15 tonnes of CO₂ in the UK



Food wastage is costing UK homes £659.34 per year, or £54.95 per month.



The food we waste every year would be enough to fill 9 Wembley Stadiums.

SOURCES: Digeri Mag, Meat Generation Food, The Guardian

